

# READING AS A SKILL

## General Tips



**AESC**  
Academic Enrichment  
& Support Center

- Always read with a purpose in mind. Know what your comprehension goals are.
- Read for ideas, not words.
- Maintain interest in material by previewing and questioning beforehand.
- Use aids to comprehension that are given in the text, such as charts, graphs, table of contents, main headings, italics, bold-face type, summary paragraphs, etc..
- Set time limits for reading.
- Practice flexibility in rate according to purpose for reading.
- Find a place to read that helps you concentrate.
- Try to enjoy reading--consider its value to you.
- Avoid head-moving, finger-following, vocalizing, and other such activities which will slow you down.
- Try to read **ACTIVELY**--think of reading as an active process.
- Read a variety of types of materials. Avoid reading only slow, difficult material. Read enough easy material to maintain rate flexibility.

Adapted from the Learning and Academic Skills Center