

mega smoothies

Our favorite smoothies blended with specific NrGizers focused on meeting your individual nutritional goals.

Sm \$4.69

Rg \$5.69

Protein Pump

*Peanut Butter Banana with
Whey Protein & Creatine*

380/440 cal

Nutri-Blast

*Pineapple Orange Banana with
Whey Protein & Spirulina*

170/220 cal

Flu Fighter

*Strawberry Peach with
Vitamin C & Echinacea*

90/130 cal

Smooth Move

*Mango Peach with
Vitamin C & Fiber*

120/170 cal

Mocha Java Jolt

*Coffee Chocolate
with Whey Protein*

120/170 cal

mega smoothies

Our favorite smoothies blended with specific NrGizers focused on meeting your individual nutritional goals.

Sm \$4.69

Rg \$5.69

Stamina Squeeze

Strawberry Banana with Whey Protein & Brewer's Yeast

150/190 cal

Jumpin' Ginseng

Mango Banana with Whey Protein & Ginseng

160/210 cal

Get Ripped

Strawberry Raspberry with Whey Protein & Lecithin

200/260 cal

Vita-Boost

Blueberry Pineapple with Whey Protein & Multi-Vitamin

140/190 cal

beneficial blends

Real fruit smoothies made with a special blend of herbs and amino acids.

Sm \$4.79

Rg \$5.79

Memory Mixer

Pineapple Peach with Glutamic Acid to Prevent Brain Drain

110/160 cal

Cardio Crush

Mango Banana with Minerals to Keep Your Body Fueled

120/170 cal

Derma Delight

Banana Banana with Pure Proline to Revive Skin Tissue

130/180 cal

Holistic Healer

Orange Banana with BCAAs for Muscle Recovery

120/170 cal

beneficial blends

Real fruit smoothies made with a special blend of herbs and amino acids.

Sm \$4.79

Fat Fighter

*Strawberry Banana with
Fat Burning Supplements*

110/150 cal

Yin/Yang

*Pineapple Coconut Orange with
Vitamins & Minerals for Overall Balance*

120/170 cal

Rg \$5.79

Muscle Mass

*Blueberry Pineapple with
Mass Building Amino Acids*

110/150 cal

Body Builder

*Raspberry Banana with Creatine &
Amino Acids for Increased
Strength & Stamina*

100/140 cal

Fruit smoothies

Real fruit smoothie blends made with our signature smoothie mix.

Sm \$3.79

Rg \$4.69

***Strawberry
Banana***

100/140 cal

***Pineapple Coconut
Orange***

100/150 cal

***Raspberry
Banana***

100/140 cal

***Banana
Banana***

110/170 cal

Blueberry Pineapple

90/140 cal

Pineapple Peach

90/140 cal

Blueberry Banana

100/150 cal

Mango Banana

100/150 cal

Mango Peach

90/140 cal

Strawberry Peach

80/120 cal

ice chillers

Made with agave nectar and your two favorite fruits blended with ice.

Sm \$3.89

Rg \$4.89

***Pineapple
Mango***

170/260 cal

***Strawberry
Mango***

140/230 cal

***Blueberry
Pineapple***

150/250 cal

***Strawberry
Pineapple***

140/230 cal

***Strawberry
Apple***

130/210 cal



meal replacements

A healthy combo in a cup! Our delicious blends contain more than 35 grams of protein each!

\$5.99

Berrylicious 270 cal

Strawberry Blueberry Raspberry with Ginseng and 35g Protein

Banana Split 300 cal

Chocolate Banana with Multi-Vitamin and 35g Protein

Peanut Butter Gone Bananas 570 cal

Peanut Butter Banana with Old Fashion Oats, Creatine and 47g Protein

Peanut Butter Cup 590 cal

Chocolate Peanut Butter with Old Fashion Oats, Lecithin and 47g Protein

PB & J 520 cal

Peanut Butter Strawberry with Fiber and 48g Protein



Freshly squeezed

*100% real juice. Choose one flavor or mix them
to create a delicious juice cocktail!*

Sm \$4.29

Rg \$5.19

Carrot

Orange

Apple

Carrot Orange

120/170 cal

200/280 cal

180/250 cal

150/210 cal

Orange Apple

Carrot Apple

Carrot Apple Orange

190/270 cal

150/210 cal

160/220 cal

