

# come and see

## **Week 12: This Changes Everything**

*John 20: 1-18*

### **Summary**

In John 20:1-18, Mary Magdalene has a significant experience in the garden. Not surprising, this passage is brimming with offerings to us as 21st Century followers of Jesus.

1. **Hope in Resurrection:** The empty tomb means death is not the end. For believers, this can inspire hope, reminding us that challenges, deadends, suffering, or difficult times can lead to new beginnings.
2. **Personal Encounter with Christ:** Mary's encounter with the risen Jesus emphasizes the importance of personal relationships with God. It encourages us to seek a deeper connection through prayer and reflection.
3. **Call to Share:** Jesus tells Mary to go and tell the disciples about his resurrection. His call now extends to us—our responsibility as believers to share our faith and the hope of Christ with others.
4. **Emotional Honesty:** Mary's initial distress shows that it's okay to express feelings of grief or confusion. This teaches followers that vulnerability is a part of a life of vibrant faith.
5. **Recognition of Divine Presence:** Mary only recognizes Jesus when he calls her name. This suggests that being attentive to God's voice in our lives can lead to profound moments of understanding and joy.

Let's let this powerful passage guide our daily living, cultivate community, and encourage us to remain steadfast in our faith journey.

Read John 20:1-18.

### **REFLECTION QUESTIONS:**

#### **For you**

1. In what ways have you experienced personal transformation or renewal in your life?
2. What does the concept of resurrection mean to you in your current circumstances?
3. A Spiritual Practice to try: Breath Prayers
  - a. Sit quietly and comfortably. Start by praying for God to lead you and guide you.
  - b. Close your eyes and breathe deeply and slowly.
  - c. With each inhale breath, pray "Spirit of the Christ."
  - d. With each exhale breath, pray "Give me life..."
  - e. Rest in the presence of the all-loving God. Stay open to the Holy Spirit's guidance.
  - f. After a while, simply end by telling God "thank you" for his ability to revive.

continued below...

**For your work**

1. In our workplace, What steps can we take as a community to share uplifting news and support one another? How can we collectively support each other in recognizing and celebrating moments of hope?
2. Question for a co-worker: How do you respond to seemingly hopeless situations, and how can faith play a role?
3. Share with each other helpful tools to share the significance of Jesus' resurrection with people who don't yet know it.

**For students** (questions to have in your 'back pocket')

1. What does Jesus' resurrection mean for you?
2. How can the resurrection influence how we approach challenges or difficult situations in our daily lives?
3. What role does the concept of resurrection play in your faith journey, and how do you see it impacting your relationships with others?
4. Who in your life needs hope? How can you share your resurrection hope?

How is this resource working for you? How is God using it to form you? Are there ways we can improve it? How can we pray for you? If you've got questions or thoughts, we invite you to be in touch with us. Send us an email at [campus-ministries@bethel.edu](mailto:campus-ministries@bethel.edu)

***[click here for the week 12 discovery bible study](#)***



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