

Ministering to the Wounded, Weary, and Wary in the Workplace

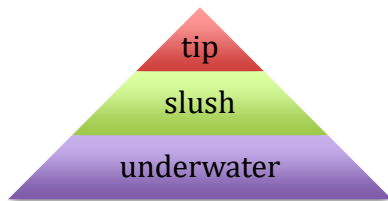
Work with Purpose Initiative of Bethel Seminary | Tuesday, May 1, 2018

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1. Context:

1. Majority come to work **ready to work, to be productive, to do their best**
2. Both sides of the coin – **live to work or work to live** – are reasonable
3. People spend approximately **1/3 of their life at work – 100,000 hours**
4. Studies indicate people are **sleeping** less and less – impacts **resilience**
5. **Leadership, management, supervision** matter
6. Every sector has **high stress, high performance expectations, more with less**
7. **Boundaries are blurred** – trust can be **fragile**
8. **78%** of US workers live paycheck to paycheck
9. Mental health issues are **growing; opioid crisis** is a reality
10. **Fatigue** (short- and long-term effects) is a major workforce issue
11. National unemployment is **under 5%**; 5% is considered full employment
12. **Re-skilling/training** is a constant + constant fear of retrenchment
13. Some great jobs, careers, opportunities **emerging**
14. And the list goes on...

2. Woundedness is there....you might not see it.

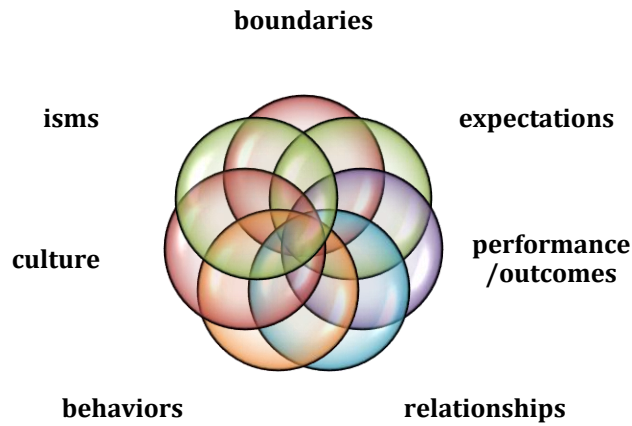


- **Reality #1:** Woundedness exists, it is real and it impacts work. It can be contagious.
- **Reality #2:** Woundedness, pain, scar tissue impacts regardless of level, gender, race, age, role, sector...it is not a statement of capability or potential. It is not a sign of weakness.
- **Reality #3:** What wounds one person might not wound another, and vice versa

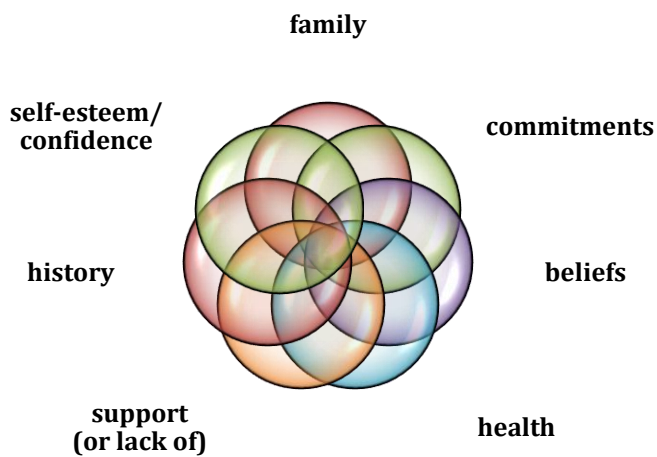
3. The impact of woundedness.... list is long.... a few of the big impacts.

Fatigue, weariness, lack of engagement, lack of performance, fear, acting out, lack of confidence, anger, disregard for others, tense relationships and mistakes. Job security is often impacted.

4. Causes of workplace woundedness:

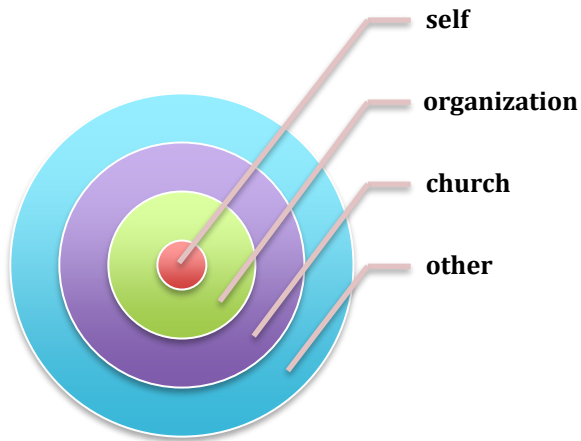


5. Woundedness sources brought to the workforce and impacts to work:



6. Why are some wary to seek help, especially from the church? (Hint: experience, low self-esteem, judgmentalism, overall 'isms', fatigue, time, lack of hope.....)

7. Who is responsible for addressing the woundedness?



8. Potential church engagement strategies:

