

B.A. in Physical Education K-12 Enhanced Academic Plan

B.A. in Physical Education K-12 2018-2019: Option 1 - CWILT

Recommended Courses				
Fall Semester 1	Interim Semester 1	Spring Semester 1	Career Planning and Preparation	R.E.A.L. Experience
HAS 200Q (fall, even years) Professional Activities: Individual/Dual GES 130 (must take this term) Christianity Western Culture GES 140 Introduction to Wellbeing BIB 101 Introduction to the Bible	GES 125 Introduction to the Creative Arts	HAS 120 First Aid HAS 130 Personal and Community Health GES 160 Inquiry Seminar Contemporary Western Life and Thought (L) course Second Language (S) course*1	PHASE 1: EXPLORE <i>Explore self, careers, & God's call</i> Take a Career Assessment Research Careers: O*Net, Candid Careers, & informational interviews w/ Alums Gain Experience: Part-time job; Campus Involvement (e.g. student club); Volunteering	Create your R.E.A.L. Portfolio Consider joining a club or ministry of interest Consider finding a mentor
14		4		14

MILESTONES: Consider study abroad options

Recommended Courses				
Fall Semester 2	Interim Semester 2	Spring Semester 2	Career Planning and Preparation	R.E.A.L. Experience
HAS 201 (fall, odd years) Foundations of Physical Education HAS 215Q Professional Activities: Conditioning BIO 100 & BIO 100D Principles of Biology and Principles of Biology Lab THE 201 Christian Theology Mathematics (M) course	EDU 200*2 Introduction to Education EDU 201 Introduction to Education Field Experience	HAS 210Q Professional Activities: Team HAS 316 (spring, odd years) Curriculum Development in Physical Education HAS 320 (spring, odd years) Developmental and Adapted Physical Education HAS 321 (spring, odd years) Developmental and Adapted Field Experience BIO 238 & BIO 239 Human Anatomy and Physiology and Human Anatomy and Physiology Lab	PHASE 1&2: EXPLORE/EXPERIENCE <i>Finalize major if necessary & begin gaining experience</i> Create/update Resume & LinkedIn Build professional network (e.g. informational interviews) Attend Spring Career Fair Obtain Internship or relevant job by summer	Continue adding artifacts and reflections to your R.E.A.L. Portfolio. Consider taking a leadership position with a student club. Consider going on a spring break mission trip.
14		4		14

MILESTONES: Consider doing an online course over the summer

Recommended Courses				
Fall Semester 3	Interim Semester 3	Spring Semester 3	Career Planning and Preparation	R.E.A.L. Experience
HAS 306 (fall, odd years) Administration of Athletics and Physical Education EDU 220 Introduction to Middle Level Education EDU 240 Educational Psychology EDU 241 Educational Psychology Field Experience Interpreting Biblical Themes (J) course	World Cultures (U) course*3	HAS 220A (spring, odd years) Educational Rhythms HAS 340 School Health and Drug Issues HAS 247 Motor Development and Learning EDU 317GZ Educational Equity Science, Technology, and Society (K) course	PHASE 2: EXPERIENCE <i>Use experiences to narrow down career choice & develop relevant skills</i> Participate in Fall & Spring Recruiting to obtain an internship Schedule a Mock Interview Explore Grad Schools & Take Entrance Exams (e.g. GRE) if necessary Expand Professional Network	Review your R.E.A.L. Portfolio and prepare to make it public. Consider studying abroad. Consider applying for a Student Leadership Position in Student Life. Consider being a TA for a favorite class.
12		3		15

MILESTONE: A minimum 3.2 GPA in your major is a good goal to strive for

Recommended Courses				
Fall Semester 4	Interim Semester 4	Spring Semester 4	Career Planning and Preparation	R.E.A.L. Experience
HAS 375 Biomechanics HAS 376 Exercise Physiology and Assessment EDU 320 Pedagogy and the Young Adolescent Learner EDU 321 Integrated Literacy in the Content Areas EDU 424 Methods in Teaching K-12 Physical Education EDU 425 Middle Level Practicum in Physical Education Contemporary Christian Issues (P) course	Interim Off	EDU 490 Student Teaching Block	PHASE 3: EXECUTE <i>Execute an effective job or grad school search</i> Participate in Fall and Spring Recruiting Apply for Graduate School if necessary Expand Professional Network	Continue updating your public R.E.A.L. Portfolio with relevant experiences and reflection. Consider mentoring an underclassman.
15		0		14

Total Credits: 123

*1 Students must complete through the second semester of a first year language course or equivalent (Check the catalog for details of this option.)

2. See Education section of catalog for testing requirements.

3. The Education Department offers an interim trip that meets the U requirement - EDU 236UZ. See Education Abroad Options.

This program assumes a student will use BIO 100/BIO 100D or BIO 104/BIO 104D, EDU 317GZ, and HAS 200Q to meet the general education Laboratory Sciences, Comparative Systems, and Leisure and Lifetime Sports requirement.

Most financial aid packages stipulate 12 credits/semester; Minnesota state grants are reduced when credit load falls below 15 credits/semester. (Interim credits may be split between fall and spring for state grant purposes only.)

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B.A. in Physical Education K-12 2018-2019: Option 2 - Humanities				
Recommended Courses				
Fall Semester 1	Interim Semester 1	Spring Semester 1	Career Planning and Preparation	R.E.A.L. Experience
HAS 200Q (fall, even years) Professional Activities: Individual/Dual GES 145 Humanities I: Greco-Roman through Middle Ages	GES 147 Humanities II: Renaissance and Reformation	HAS 120 First Aid HAS 130 Personal and Community Health	PHASE 1: EXPLORE <i>Explore self, careers, & God's call</i>	Create your R.E.A.L. Portfolio
BIB 101 Introduction to the Bible		Mathematics (M) course	Take a Career Assessment	Consider joining a club or ministry of interest
GES 140 Introduction to Wellbeing		GES 244 Humanities III: European Enlightenment and American Culture to 1877 Second Language (S) course*1	Research Careers: O*Net, Candid Careers, & informational interviews w/ Alums Gain Experience: Part-time job; Campus Involvement (e.g. student club); Volunteering	Consider finding a mentor
14		4		15
MILESTONES: Consider study abroad options				
Recommended Courses				
Fall Semester 2	Interim Semester 2	Spring Semester 2	Career Planning and Preparation	R.E.A.L. Experience
HAS 201 (fall, odd years) Foundations of Physical Education	EDU 200*2 Introduction to Education	BIO 238 & BIO 239 Human Anatomy and Physiology and Human Anatomy and Physiology Lab HAS 210Q Professional Activities: Team	PHASE 1&2: EXPLORE/EXPERIENCE	Continue adding artifacts and reflections to your R.E.A.L. Portfolio.
HAS 215Q Professional Activities: Conditioning	EDU 201 Introduction to Education Field Experience	HAS 316 (spring, odd years) Curriculum Development in Physical Education	<i>Finalize major if necessary & begin gaining experience</i>	Consider taking a leadership position with a student club.
BIO 100 & BIO 100D Principles of Biology and Principles of Biology Lab GES 246 Humanities IV: Modern and Contemporary Western Culture		HAS 320 (spring, odd years) Developmental and Adapted Physical Education HAS 321 (spring, odd years) Developmental and Adapted Field Experience	Create/update Resume & LinkedIn Build professional network (e.g. informational interviews) Attend Spring Career Fair	Consider going on a spring break mission trip.
12		4	14	14
MILESTONES: Consider doing an online course over the summer				
Recommended Courses				
Fall Semester 3	Interim Semester 3	Spring Semester 3	Career Planning and Preparation	R.E.A.L. Experience
HAS 247 Motor Development and Learning	World Cultures (U) course*3	HAS 220A (spring, odd years) Educational Rhythms	PHASE 2: EXPERIENCE	Review your R.E.A.L. Portfolio and prepare to make it public.
HAS 306 (fall, odd years) Administration of Athletics and Physical Education EDU 220 Introduction to Middle Level Education		HAS 340 School Health and Drug Issues EDU 317GZ Educational Equity	<i>Use experiences to narrow down career choice & develop relevant skills</i>	Consider studying abroad.
EDU 240 Educational Psychology		Science, Technology, and Society (K) course	Participate in Fall & Spring Recruiting to obtain an internship Schedule a Mock Interview	Consider applying for a Student Leadership Position in Student Life. Consider being a TA for a favorite class.
EDU 241 Educational Psychology Field Experience		Interpreting Biblical Themes (J) course	Explore Grad Schools & Take Entrance Exams (e.g. GRE) if necessary Expand Professional Network	
EDU 320 Pedagogy and the Young Adolescent Learner				
EDU 321 Integrated Literacy in the Content Areas				
14		3	15	
MILESTONE: A minimum 3.2 GPA in your major is a good goal to strive for				
Recommended Courses				
Fall Semester 4	Interim Semester 4	Spring Semester 4	Career Planning and Preparation	R.E.A.L. Experience
HAS 375 Biomechanics	Interim Off	EDU 490 Student Teaching Block	PHASE 3: EXECUTE	Continue updating your public R.E.A.L. Portfolio with relevant experiences and reflection.
HAS 376 Exercise Physiology and Assessment			<i>Execute an effective job or grad school search</i>	Consider mentoring an underclassman.
EDU 424 Methods in Teaching K-12 Physical Education			Participate in Fall and Spring Recruiting	
EDU 425 Middle Level Practicum in Physical Education			Apply for Graduate School if necessary	
Contemporary Christian Issues (P) course			Expand Professional Network	
13		0	14	
Total Credits: 122				
*1. Students must complete through the second semester of a first year language course or equivalent (Check the catalog for details of this option.)				
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3. The Education Department offers an interim trip that meets the U requirement - EDU 236UZ. See Education Abroad Options.				
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