

# B.A.in Physical Education K-12 (with DAPE Endorsement) Enhanced Academic Plan

## B.A. in Physical Education K-12 (with DAPE Endorsement) 2018-2019: Option 1 - CWILT

Recommended Courses				
Fall Semester 1	Interim Semester 1	Spring Semester 1	Career Planning and Preparation	R.E.A.L. Experience
GES 130 (must take this term) Christianity Western Culture	GES 125 Introduction to the Creative Arts	HAS 120 First Aid	<b>PHASE 1: EXPLORE</b>	Create your R.E.A.L. Portfolio
HAS 200Q (fall, even years) Professional Activities: Individual/Dual		HAS 130 Personal and Community Health	<i>Explore self, careers, &amp; God's call</i>	Consider joining a club or ministry of interest
BIB 101 Introduction to the Bible		Contemporary Western Life and Thought (L) course	Take a Career Assessment	Consider finding a mentor
GES 140 Introduction to Wellbeing		Second Language (S) course*1	Research Careers: O*Net, Candid Careers, & informational interviews w/ Alums	
		GES 160 Inquiry Seminar	Gain Experience: Part-time job; Campus Involvement (e.g. student club); Volunteering	
<b>14</b>	<b>3</b>	<b>14</b>		
<b>MILESTONES: Consider study abroad options</b>				
Recommended Courses				
Fall Semester 2	Interim Semester 2	Spring Semester 2	Career Planning and Preparation	R.E.A.L. Experience
HAS 201 (fall, odd years) Foundations of Physical Education	EDU 200*2 Introduction to Education	EDU 220 Introduction to Middle Level Education	<b>PHASE 1&amp;2: EXPLORE/EXPERIENCE</b>	Continue adding artifacts and reflections to your R.E.A.L. Portfolio.
HAS 215Q Professional Activities: Conditioning	EDU 201 Introduction to Education Field Experience	HAS 210Q Professional Activities: Team	<i>Finalize major if necessary &amp; begin gaining experience</i>	Consider taking a leadership position with a student club.
BIO 100 & BIO 100D Principles of Biology and Principles of Biology Lab		HAS 316 (spring, odd years) Curriculum Development in Physical Education	Create/update Resume & LinkedIn	Consider going on a spring break mission trip.
THE 201 Christian Theology		HAS 320 (spring, odd years) Developmental and Adapted Physical Education	Build professional network (e.g. informational interviews)	
Mathematics (M) course		HAS 321 (spring, odd years) Developmental and Adapted Field Experience	Attend Spring Career Fair	
		BIO 238 & BIO 239 Human Anatomy and Physiology and Human Anatomy and Physiology Lab	Obtain Internship or relevant job by summer	
<b>14</b>	<b>4</b>	<b>17</b>		
<b>MILESTONES: Consider doing an online course over the summer</b>				
Recommended Courses				
Fall Semester 3	Interim Semester 3	Spring Semester 3	Career Planning and Preparation	R.E.A.L. Experience
HAS 247 Motor Development and Learning	World Cultures (U) course*3	EDU 317GZ Educational Equity	<b>PHASE 2: EXPERIENCE</b>	Review your R.E.A.L. Portfolio and prepare to make it public.
HAS 375 Biomechanics		EDU 320 Pedagogy and the Young Adolescent Learner	<i>Use experiences to narrow down career choice &amp; develop relevant skills</i>	Consider studying abroad.
EDU 240 Educational Psychology		EDU 321 Integrated Literacy in the Content Areas	Participate in Fall & Spring Recruiting to obtain an internship	Consider applying for a Student Leadership Position in Student Life.
EDU 241 Educational Psychology Field Experience		EDU 250 Educating the Exceptional Child	Schedule a Mock Interview	Consider being a TA for a favorite class.
HAS 306 (fall, odd years) Administration of Athletics and Physical Education		HAS 220A (spring, odd years) Educational Rhythms	Explore Grad Schools & Take Entrance Exams (e.g. GRE) if necessary	
HAS 322 Methods and Materials for Adapted Physical Activity		HAS 340 School Health and Drug Issues	Expand Professional Network	
Interpreting Biblical Themes (J) course				
<b>17</b>	<b>3</b>	<b>14</b>		
<b>MILESTONE: A minimum 3.2 GPA in your major is a good goal to strive for</b>				
Recommended Courses				
Fall Semester 4	Interim Semester 4	Spring Semester 4	Career Planning and Preparation	R.E.A.L. Experience
PSY 330 Disabilities and Giftedness	Contemporary Christian Issues (P) course	EDU 490 Student Teaching Block	<b>PHASE 3: EXECUTE</b>	Continue updating your public R.E.A.L. Portfolio with relevant experiences and reflection.
HAS 323 Developmental and Adapted Physical Education Practicum			<i>Execute an effective job or grad school search</i>	Consider mentoring an underclassman.
HAS 376 Exercise Physiology and Assessment			Participate in Fall and Spring Recruiting	
EDU 424 Methods in Teaching K-12 Physical Education			Apply for Graduate School if necessary	
EDU 425 Middle Level Practicum in Physical Education			Expand Professional Network	
Science, Technology, and Society (K) course				
<b>16</b>	<b>3</b>	<b>14</b>		
<b>Total Credits: 134</b>				
*1 Students must complete through the second semester of a first year language course or equivalent (Check the catalog for details of this option.)				
2. See education section of catalog for testing requirements.				
3. The Education Department offers an interim trip that meets the U requirement - EDU 236UZ. See Education Abroad Options.				
This program assumes a student will use BIO 100/BIO 100D or BIO 104/BIO 104D, EDU 317GZ, and HAS 200Q to meet the general education Laboratory Sciences, Comparative Systems, and Leisure and Lifetime Sports requirement.				
Most financial aid packages stipulate 12 credits/semester, Minnesota state grants are reduced when credit load falls below 15 credits/semester. (Interim credits may be split between fall and spring for state grant purposes only.)				

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B.A. in Physical Education K-12 (with DAPE Endorsement) 2018-2019: Option 2 - Humanities				
Recommended Courses				
Fall Semester 1	Interim Semester 1	Spring Semester 1	Career Planning and Preparation	R.E.A.L. Experience
GES 145 Humanities I: Greco-Roman through Middle Ages	GES 147 Humanities II: Renaissance and Reformation	HAS 120 First Aid	<u>PHASE 1: EXPLORE</u>	Create your R.E.A.L. Portfolio
HAS 201 (fall, odd years) Foundations of Physical Education		HAS 130 Personal and Community Health	<i>Explore self, careers, &amp; God's call</i>	Consider joining a club or ministry of interest
BIB 101 Introduction to the Bible		GES 244 Humanities III: European Enlightenment and American	Take a Career Assessment	Consider finding a mentor
GES 140 Introduction to Wellbeing		Second Language (S) course*1	Research Careers: O*Net, Candid Careers, & informational interviews w/ Alums	
		Mathematics (M) course	Gain Experience: Part-time job; Campus Involvement (e.g. student club); Volunteering	
12	4	15		
<b>MILESTONES: Consider study abroad options</b>				
Recommended Courses				
Fall Semester 2	Interim Semester 2	Spring Semester 2	Career Planning and Preparation	R.E.A.L. Experience
HAS 200Q Professional Activities: Individual/Dual	EDU 200*2 Introduction to Education	EDU 220 Introduction to Middle Level Education	<u>PHASE 1&amp;2: EXPLORE/EXPERIENCE</u>	Continue adding artifacts and reflections to your R.E.A.L. Portfolio.
HAS 215Q Professional Activities: Conditioning	EDU 201 Introduction to Education Field Experience	HAS 210Q Professional Activities: Team	<i>Finalize major if necessary &amp; begin gaining experience</i>	Consider taking a leadership position with a student club.
BIO 100 & BIO 100D Principles of Biology and Principles of Biology Lab		HAS 316 (spring, odd years) Curriculum Development in Physical Education	Create/update Resume & LinkedIn	Consider going on a spring break mission trip.
GES 246 Humanities IV: Modern and Contemporary Western Culture		HAS 320 (spring, odd years) Developmental and Adapted Physical Education	Build professional network (e.g. informational interviews)	
		HAS 321 (spring, odd years) Developmental and Adapted Field Experience	Attend Spring Career Fair	
		BIO 238 & BIO 239 Human Anatomy and Physiology and Human Anatomy and Physiology Lab	Obtain Internship or relevant job by summer	
14	4	17		
<b>MILESTONES: Consider doing an online course over the summer</b>				
Recommended Courses				
Fall Semester 3	Interim Semester 3	Spring Semester 3	Career Planning and Preparation	R.E.A.L. Experience
HAS 247 Motor Development and Learning	World Cultures (U) course*3	EDU 317GZ Educational Equity	<u>PHASE 2: EXPERIENCE</u>	Review your R.E.A.L. Portfolio and prepare to make it public.
HAS 375 Biomechanics		EDU 320 Pedagogy and the Young Adolescent Learner	<i>Use experiences to narrow down career choice &amp; develop relevant skills</i>	Consider studying abroad.
EDU 240 Educational Psychology		EDU 321 Integrated Literacy in the Content Areas	Participate in Fall & Spring Recruiting to obtain an internship	Consider applying for a Student Leadership Position in Student Life.
EDU 241 Educational Psychology Field Experience		EDU 250 Educating the Exceptional Child	Schedule a Mock Interview	Consider being a TA for a favorite class.
HAS 306 (fall, odd years) Administration of Athletics and Physical Education		HAS 220A (spring, odd years) Educational Rhythms	Explore Grad Schools & Take Entrance Exams (e.g. GRE) if necessary	
HAS 322 Methods and Materials for Adapted Physical Activity		HAS 340 School Health and Drug Issues	Expand Professional Network	
Interpreting Biblical Themes (J) course				
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<b>MILESTONE: A minimum 3.2 GPA in your major is a good goal to strive for</b>				
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PSY 330 Disabilities and Giftedness	Contemporary Christian Issues (P) course	EDU 490 Student Teaching Block	<u>PHASE 3: EXECUTE</u>	Continue updating your public R.E.A.L. Portfolio with relevant experiences and reflection.
HAS 323 Developmental and Adapted Physical Education Practicum			<i>Execute an effective job or grad school search</i>	Consider mentoring an underclassman.
HAS 376 Exercise Physiology and Assessment			Participate in Fall and Spring Recruiting	
EDU 424 Methods in Teaching K-12 Physical Education			Apply for Graduate School if necessary	
EDU 425 Middle Level Practicum in Physical Education			Expand Professional Network	
Science, Technology, and Society (K) course				
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