Thirteenth Annual Nursing Research & Practice Symposium
“Integration of High Tech, High Touch Care and Faith”
Thursday, April 25, 2013, 5-9 p.m.
Benson Great Hall, Bethel University

Keynote Speaker: Brian Kaihoi - Mayo Clinic Web Master & Innovator
RN attendees receive 3 CEUs (keynote, one concurrent session and interactive poster session)
On-site free registration

Message from
Beth Peterson,
Department Chair

It has been a while since you have heard from us, but that doesn’t mean that we haven’t been doing anything. As you read this issue of the Synapse, you will discover that we have been very busy. We invite you to look at the kinds of activities that faculty, students, and even some alum have been involved in.

We continue our relationship with Uganda Christina University (UCU). Starting in the fall of 2013, we are planning to send a group of students and faculty there for the whole semester. That takes lots of planning and arranging but our long-standing relationships with people in Uganda help that immensely. They are very gracious to us, and we are grateful for that.

Curriculum revision has kept us busy as well. We are in the second year of our pre-licensure curriculum revision, and are delighted to see how well current students are responding to that. Curriculum revision for the CAPS (College of Adult and Professional Studies) program has been implemented, and we continue to hear wonderful stories from our CAPS grads about how they have developed a new perspective about themselves and nursing after completing the CAPS program. Our plan is to begin a fully on-line CAPS cohort in the near future. We hope that you will enjoy reading about changes in the Master’s program. We also want to remind you that we love to have alums return to our graduate program.

As you read about the annual Nursing Research and Practice Symposium, we hope that many of you will plan to attend. This is a wonderful way to obtain free CEUs, learn from experts in their fields, and reconnect with Bethel faculty and alums. We would love to see you there.

Thanks for the many ways that you support the nursing program. If you haven’t seen our new facilities, plan to drop by for a visit. We’d be happy to show you around.

The Spiritual Dimension of Healthcare Conference

Last October the Nursing Department, in conjunction with Bethel Seminary, sponsored a conference on the role of the church in health and healthcare. The conference was for physicians, nurses, social workers, chaplains, seminarians, educators, community clergy, and church leaders.

Featured speakers were Dr. Harold Koenig, noted psychiatrist speaking on the relationship between health and faith, Dr. Gary Ferngren, scholar and historian, who discussed the historical role of the church in providing care for the sick, and Dr. Scott Morris, director of a faith-based health center in Memphis, Tennessee.

In addition, several nursing faculty led workshops on topics relating to faith and health.
Maureen Juarez Retires

Maureen Juarez, who has been a nursing faculty member since 1984, retired last spring. She was recognized by both her colleagues and students as an excellent teacher both in the classroom and in the clinical setting.

Throughout her career, Maureen has written a number of scholarly journal articles, and, most recently, written with several Bethel colleagues a regular column in the Journal of Christian Nursing on issues challenging to nursing students.

While she is an excellent teacher and scholar, Maureen’s real passion is service. Not only did she and often her family engage in service, but she frequently brought along Bethel students as well. She served as a volunteer nurse at St. Mary’s Free Clinic where she provided health teaching and care to patients as well as developing teaching materials in Spanish for the clinic patients and their families. She also coordinated English as a Second Language (ESL) and homework help for students through a church in south Minneapolis. In addition, she has served as a parish nurse in her own congregation.

She is already missed, but we wish Maureen and her family the best as they provide care for two young family members who are living in their home.

Change of MA in Nursing to MS in Nursing

The Master of Arts in Nursing officially changed to the Master of Science in Nursing starting with the new cohorts admitted in the summer and fall of 2012. Why the decision to change? A new Essentials for Master’s Education was released in 2011 by the American Association of Colleges of Nursing (AACN). As Bethel faculty we saw the need for revision of our graduate curriculum to reflect the current guidelines for graduate education. The Essentials specify that a Master’s prepared nurse educator must have graduate-level content in the three areas of health assessment, physiology/pathophysiology, and pharmacology.

The second reason for change is the anticipation of beginning the Doctor of Nursing Practice (DNP) in the near future. This is a natural time for revisions at the master’s level in order to facilitate the initiation of doctoral education.

What changes will there be in the curriculum?

Number of credit hours: We will continue to have the two concentrations of Nurse Educator and Nurse Leader with Nurse Educator being 44 credits and Nurse Leader 38 credits. This program is a hybrid with several of the courses completely online. The time frame for Nurse Educator will be two academic years with two summers and for Nurse Leader two academic years and one summer.

Addition of advanced courses: The Nursing Educator concentration includes the three new courses of Advanced Health Assessment, Advanced Pathophysiology, and Advanced Pharmacology with the latter two being offered online.

Hours/focus of Internships: The number of hours for the Internships for both concentrations will increase from 40 to 100 hours. The increased hours will provide opportunity for actual clinical practice for Nurse Educator students and extended leadership experiences for those in the Leadership concentration.

We will continue to offer the Certificates for Nurse Educator and Leader. The Nurse Educator is 11 credits with three nursing education courses and one internship. The Nurse Leader Certificate is five nurse leader courses for a total of 15 credits.

Graduation of First UCU Class

July 1, 2012 was a landmark day at Uganda Christian University (UCU). It dawned sunny and warm. Faculty and administration, students, families, and friends all gathered on the athletic field where a number of large tents had been placed. On this day the first class of seven students successfully graduated from the Masters’ Program in Nursing Science. They are pictured here with Jemimah Mutashabazi, the Nursing Program Director, and Karen Drake.

This was an important day for Uganda: the number of nurses with a MSN degree in the country more than doubled. This program is the only program in Uganda providing such a degree.

It was a proud day for UCU. It was also a wonderful day for Bethel University Nursing Department as we have played a significant role in the development and provision of faculty to teach in this program. The program is under the leadership of Karen Drake and a number of Bethel colleagues have also been to UCU to assist in teaching. JoAnn Wessman, David Muhovich, Sandy Peterson, and Diane Dahl. Tim Bredow and Pam Friesen have been involved in some of the creative online teaching we have endeavored to offer. The seven students had spent time on campus in Minnesota where they had experiences in class and clinical with nursing faculty and students, and they took one class with Bethel masters’ students. It has been enriching for all.

To mark the significant occasion, UCU invited Jay Barnes, Ph.D., president of Bethel University, to be the guest of honor and graduation speaker. As his wife Barb Barnes is a nurse she was also asked to address the graduates on this special day. The speaker is provided with special celebratory academic regalia to wear on the occasion. Diane Dahl and Karen Drake were also present for this very special day.
Community Engagement, Model for Reconciliation and Improved Health

A key recommendation for transforming nursing education for the future calls for preparing nurses to work with diverse populations in community settings. In response to this call, curricular changes were implemented for Bethel nursing students. The Community Engagement Curriculum was implemented in the Spring Semester of 2011 in 21 Community Engagement sites, with a faculty liaison assigned to each site and an overall Community Engagement Coordinator in the Nursing Department. Four to five sophomore students were assigned to each site. Four to five students are then added each consecutive year, resulting in a total of 12 to 15 students in each site once the program is fully implemented. For the first semester, curricular activities specific to Community Engagement focused on developing relationships with persons in the community served by the site, learning about health disparities, and student reflection on their learning. Implementing community engagement into the nursing curriculum serves to unite nursing educators, students, and community members in moving toward reconciliation and improved health outcomes.

A graduate student who conducted focus groups with sophomore students following their first semester, made the following observations:

Many students went into this course with the assumption that they will be teaching the community and making an impact on the lives of community members. At the end of the first semester since the implementation of (CE), it was quite astonishing to most students the amount of learning and growth that has taken place regarding various cultural values and beliefs. Community engagement also allows nursing students the majority of whom are White to come in contact with people that they have little or no interaction with in the past. Through meaningful partnerships, nursing students are able to throw stereotypes aside and treat community members with as much respect as they deserve.

A faculty member discussed the learning that results from uncertainty:

Learning to be flexible and willing to feel “uncertain of what to do” or “out of their element” are the peripheral, yet equally important learning aspects of this experience. It takes courage to go into another “culture” and introduce oneself, offering involvement with health initiatives already started, and a willingness to do whatever one can yet feeling inadequate for the task at hand.”

The community partner that worked directly with all the church health coordinators spoke about both student involvement and satisfaction with the resource notebook that focused on health living.

Some of the successes are the great preparation and community interaction prior to the students actually entering the community of faith.

The coordinators, pastor, and congregation at the churches were welcoming and made the students feel a part of the church congregation although they may have been somewhat apprehensive at first especially if, for the first time they were the minority. The students have attended the worship services and stayed for the entire service (more than an hour) and have connected to the other young adults in the congregation and the younger children admire them. They continue to communicate with the coordinator after the semester ends in preparation for the next semester. The resource book, [Reaching for a Healthier Tomorrow] that was created and provided for the churches is brilliant and a priceless tool in the hands of those overseeing the health ministry in their churches.

Addressing health inequalities and reconciliation is an ongoing and continuing process, certainly characterized by “bumps in the road,” collisions of tensions, and stops and starts. Nursing faculty, students, and community partners have joined together in this journey in an effort to collaboratively address health inequalities and to improve health outcomes for all.

Submitted by Carol Hargate and Marge Schaffer

The masters’ program at Uganda Christian University started in June of 2008 has grown.

The first cohort was seven students, the second was six, cohort three has 11 students, and cohort four has 15. Pictured above are cohorts three & four. The 15 in cohort four where chosen from 38 applicants.

This program is still the only masters’ program in nursing in Uganda.

It is an incredible experience for all who are involved. The third cohort will spend eight weeks in the spring semester on Bethel’s campus. Next September will be the first time when Bethel seniors spend a semester in Uganda under the leadership of Dave Muhovich, Sue Steen, and Lynn Zdechlik. These are exciting opportunities for both universities.

UCU – Bethel Collaboration for the Advancement of Nursing

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Our Faculty

Education, Continuing Education Certifications

Dr. Connie Clark, Dr. Barb Hoglund, Dr. Kristin Sandau, and Kathy Tilton each have earned the designation “Certified Nurse Educator” (CNE) after meeting strict eligibility criteria and successfully completing a rigorous certification examination developed and administered by the National League for Nursing. The Certified Nurse Educator credential validates their experience and expertise as nurse educators. It is a mark of distinction and excellence that communicates to students, peers, and the academic healthcare community that as Bethel University nurse educators, they are serving as leaders and role models in the area of nursing education.

Dr. Marjorie Schaffer received the Advanced Care Planning Facilitator Certification from Allina Hospitals and Clinics.

Dr. Marjorie Schaffer completed the training and became a First Steps Advance Care Planning Certified Instructor (Respecting Choices through Gunderson Lutheran Medical Foundation, Inc.)

Dr. Wendy Thompson earned her Doctor of Nursing Practice from the University of Minnesota in December 2012.

Grants, Honors and Awards

Drs. Connie Clark and Bernie Mischal received a Bethel University Alumni Faculty Grant for research regarding small new mothers support systems in Minnesota.

David Cheesebrow, Dr. Barb Hoglund, and Dr. Kristin Sandau were named 2011 Faculty Learning About Geriatrics (FLAG) fellows. As FLAG fellows, they studied for one week with geriatric nursing experts and nursing faculty from across the country. They learned not only about geriatric nursing, but also how to incorporate active teaching/learning strategies into their teaching styles. During the year-long FLAG fellowship, they are collaborating with a mentor and faculty from other institutions to continue formal learning about incorporating up-to-date geriatric content into Bethel’s nursing program.

Dr. Carol Hargate was approved for candidacy on the Fulbright Specialist Roster in June 2012.

Dr. Carol Hargate received a Faculty Development Grant to do collaborative research with Samuel Zalanga, Ph.D., Professor of Anthropology and Sociology studying access to health care within the African immigrant community in London, under the universal health care system compared to the African American immigrant community in the Twin Cities area.

Dr. Bernie Mischal was awarded the Fulbright Specialist status and provided consultation regarding ongoing improvement of the nursing programs at Nizwa University, Nizwa, Sultanate of Oman, October 2012.

Dr. Marjorie Schaffer was named Bethel University Professor. This is one of the highest honors awarded by the University to a faculty member recognizing their scholarship, teaching, and service. As a part of that distinction she gave a presentation, “Evidence for Public Health Nursing Practice” at Bethel University, February 7, 2012.

Dr. Jone Tiffany was named a National League for Nursing Health Information Technology Scholar for the year January 2011-2012.

Publications


Pamela Friesen, Bernie Mischal, and Maureen Juarez (before her retirement) and Julie DeHaan are the authors of a regular column in the Journal of Christian Nursing titled "Student TXT." How do you make Change Happen?" at Antwerp University, Belgium and: “The Minnesota Symposium on Disability Studies” at the University of Minnesota.

Julie De Haan presented “Sleep and the Athlete” to a group of high school athletes and their parents.

Hoglund, B., Sandau, K., Boisjolie, C., & Weaver, C. (2011, November). Listening to their hearts: Using focus groups to develop a health-related quality of life questionnaire for persons with a ventricular assist device. Invited speaker: 2011 Allina Cardiovascular Nursing Conference. Based on qualitative interviews with 11 patients, Dr. Kristin Sandau and Dr. Barb Hoglund have developed the Minneapolis Health-Related Quality of Life Questionnaire for Persons with a Ventricular Assist Device. Invited speaker: 2011 Allina Cardiovascular Nursing Conference.


Jone Tiffany, "Running Medical Simulations in Virtual Worlds, How Do I Do That?" Presented at International Meeting For Society for Simulation in Healthcare (IMSH) San Diego, California, January 2012.


Jone Tiffany, "Bringing Henry and Ertha to Life Using a Virtual Environment to Advance Care Excellence for Seniors." National League for Nursing Education Summit Podium Presentation, September 2011.

Jone Tiffany, "Bringing Henry and Ertha to Life, Using a Virtual Environment to Advance Care Excellence for Seniors." Podium presentation at the International Meeting for Society for Simulation in Healthcare (IMSH) San Diego, January 2012.

Amy Witt, Poster Presentation at SI-ETAR-USA "Baccalaureate Nursing Students’ Experiences Developing Cultural Competence Through Service Learning: A Proposed Mixed-Methods Study" Minneapolis, MN.

Dr. Ann Holland presented the findings of her doctoral dissertation in the presentation titled, “The Place of Race in Cultural Nursing Education: The Lived Experience of White BSN Nurse Educators,” at the annual conference of the Transcultural Nursing Society in October 2011 in Las Vegas, NV.


Jone Tiffany, "Running Medical Simulations in Virtual Worlds, How Do I Do That?" Presented at International Meeting For Society for Simulation in Healthcare (IMSH) San Diego, California, January 2012.


Professional Activities, Service, and Consultations

Tim Bredow serves as a site evaluator for the Commission on Collegiate Nursing Education.

Karen Drake continues to provide leadership for the Master’s of Nursing Program at Uganda Christian University. She makes about three trips to Uganda each year.

Karen Drake and Jone Tiffany have served as consultants for Allina Health in the areas of nursing education technology and simulation.


Marjorie Schaffer collaborated with colleagues from Dukonova University College, Oslo, Norway to work on the Norwegian Cornerstones of Public Health Nursing research, and interviewed six PHNs from the Nurse Family Partnership program to collect information for an article that compares child clinics in Norway with the Nurse Family Partnership program in the U.S.

Kristin Sandau was appointed to serve on the American Heart Association’s (AHA) Cardiovascular Nursing Research Early Career Committee in 2011 for a 3-year term.

Kathy Tilton is a certified diabetes educator with an active practice at United Family Medicine in St. Paul and serves on the national Professional Practice Committee of the American Association of Diabetes Educators.

Amy Witt has served on the Minnesota Board of Nursing and was elected secretary for 2012.

Diane Dahl spent the months of June 2011 at Uganda Christian University teaching in the Masters of Nursing Program. She was able to participate in the graduation ceremony for the first graduates of this program. She will be returning to Uganda this winter and summer to teach and provide ongoing curriculum consultation for the program.

Dr. Ann Holland began serving a 2-year term in July 2012 as President of Chi-at-large. Chapter of Sigma Theta Tau, International. Dr. Holland has served on the Chapter board for 7 years, holding a variety of positions. Bethel University is a member of Chi-at-large with the nursing programs from Gustavus Adolphus College, Minnesota School of Business/Global University, St. Catherine University, and St. Olaf College.

Student and Alumni Awards

CAPS/GS students Jill Bauer, Allain Dahl, Lucy Delacruz-Gibb, Ngozi Florence Mbibi, Shem Nyabibich, and Amy Vidmar all received a Minnesota Nurses Association Foundation Scholarship.

CAPS/GS students Vera Daskalyuk, Lucy Delacruz-Gibb, and Maisela Santos received scholarships from the Twin Cities Adult Education Alliance.

In February 2012, Gail Hoxie-Settersstrom was awarded "The Journal of School Nursing (JOSN)/SAGE First Publication Award." JOSN considers this one of the highest forms of recognition for school nursing scholars. The "First Publication Award" is intended to encourage future writing and publication as well as encouragement to other first time school nursing authors. For her accomplishments, Hoxie-Settersstrom received $500 from SAGE and free registration to the 2012 Annual Meeting of the National Association of School Nurses where she received public recognition of her work. She was recognized in the June 2012 issue of JOSN.
Bethel Alum Highlight

Kelci Schedler ’10 graduate is employed at Manoa Senior Care in Honolulu, Hawaii as a Nurse Manager. Manoa Senior Care includes seven exclusive elder-care homes featuring small resident populations with individualized care. She says “The Bethel nursing program equipped me with a holistic and family-centered care mindset and the nursing professors instilled in me that providing top-notch, excellent care for a patient’s physical needs is just the beginning.” It is about listening when they need to talk. It is about teaching when they are unsure of the next steps. It is about holding their hand when no one else is there. It is about dancing when they need a reason to smile. I learned that every interaction with a patient or their family is an opportunity to brighten their day. The Bethel nursing program also provided ample opportunities to work with and learn from people of different backgrounds. These experiences helped prepare me for the many different cultures I have the privilege of working with in Hawaii.”

Sigma Theta Tau, International is the honor society for nursing. Bethel is part of a local chapter, Chi-at-large, that also includes St. Catherine University, Gustavus Adolphus College, St. Olaf College, and Minnesota School of Business/Globe University. The following Bethel students accepted membership into this esteemed honors organization in the fall of 2012.

Although the most common entry for membership into STTI is by invitation when a student, practicing nurses may apply as a Community Nurse Leader. If you have never been a member of STTI and you wish to to join, you may apply to our Chi-at-large chapter by submitting a current resume and application letter describing your interest and how you have demonstrated leadership and service in your professional practice.

Contact Ann Holland at ann-holland@bethel.edu for more information.

Bethel University Final STTI Inductee List 2012-2013

College of Arts and Sciences Students
Kirsten Jenna Anderson
Furtu Seilemichael Anotta
Michelle Renee Bamber
David John Burnham
Kailee M. Dana
Kayla Anne Dahlstrom
Megan Lynn Danielson
Sarah Nicole Floren
Jessica Kathleen Lucas
Allyssa Joy Mulliken
Jordan Alan Negaard
Jenna Marie Olson
Kelly Jillean Swenson
Megan Renee Youngblood

College of Adult and Professional Studies Students
Laurie A. Annett
Danielle C. Bandholz
Susan L. Benoit
Jessica C. Campion
Shelly A. Debaker
Rebecca J. Des Lauriers
Michele J. Diers
Dustine R. Drake-Brady
Linda M. Ellefson
Nasser S. Fetto
Shannon Florip
Muna H. Garad
Clarice Gerc
Bridgette Gibson
Connie L. Hertz
Michelle M. Huffman
Brooke L. Hyman
Burka Idie
Lynette Landrum
Nancy G. Larson
Nathan W. Manning
Belinda A. Akakpo Maxwell
Desiree A. Meduna
Kimberly A. Menne
Cheryl J. Mosisa
Krista M. Muzny
Dana Nelson
Leigh Nordmeyer
Rae Noto
Robin L. Petersen
Michelle Casie Ross
Kathleen D. Schroeder
Graduate Students
Peggy E. Heppner
Stella Obadiya

Community Nurse Leaders
Robyn Achmann
Lois A. Whittet