30th Anniversary of Bethel’s Nursing Department

The 30th anniversary of Bethel’s nursing department was celebrated on October 4, during the 2014 Homecoming Weekend. About 75 alumni and former faculty attended a celebration program, which included an invocation by former department chair Sandy Peterson, a faculty welcome by Professor Barb Hoglund, an interactive presentation by Professor Jone Tiffany and Hoglund that included audience responses, humorous memories of learning in the lab brought to us by Nursing Lab Supervisor Deb Lamb and Nursing Lab Assistant Barb Ylitalo, and a recap of Bethel Nursing—yesterday and today—by Department Chair Beth Peterson. The program concluded with a reading of a 30th Anniversary Prayer written by the department’s first chair Eleanor Edman.

Later in the day, our impressive nursing lab was showcased in a great way during an open house. Current students and faculty expertly demonstrated to our visitors many ways our students learn in the lab including use of our state-of-the art human simulators. The Bethel Student Nurse Association provided an opportunity to purchase BU nursing apparel so many attendees are now proudly wearing BU nursing t-shirts and sweatshirts. Another highlight of the day was an enthusiastic gathering of 22 alumni and four faculty from the original nursing class of 1984! Warm smiles and happy faces were abundant!

In our first 30 years, the nursing department has had 1,524 traditional BSN program graduates; 1,108 RN to BSN degree completion program graduates; and 191 from our graduate programs. We praise God for the remarkable ways He has blessed us in the past and for anticipated blessings in the future.

New CAPS Program Director

Krista Hoekstra ‘01, GS’07 is the new Program Director of the College of Adult & Professional Studies’ nursing degree completion program. Hoekstra comes to Bethel from Pine Technical College where she served as Dean of Nursing and Health Sciences. Previous to that position, she served as Director of Nursing at Hennepin Technical College and has also served as an adjunct instructor in Bethel’s traditional undergraduate pre-licensure program. She is pursuing her Ed.D. degree, studying educational leadership, at Bethel’s Graduate School. Welcome back to Bethel, Krista!
The Class of 2017 nursing students, led by Associate Professor David Cheesebrow, recite Bethel’s Nursing Student Oath, committing to provide compassionate, Christ-centered care.

Ninety students from the College of Arts & Sciences Class of 2017 were recently welcomed into the nursing program. This year, Bethel’s nursing program was selected as one of 100 schools in the nation to receive funding from the Arnold P. Gold Foundation (APGF) to participate in an inaugural White Coat Ceremony for nursing students.

Previously, White Coat ceremonies have been held only for medical school students. But to support their mission of promoting humanistic and patient-centered care for health care professionals, the APGF began an effort to expand the ceremonies to include all professions in health care. They started by partnering with the American Association of Colleges of Nursing to promote these ceremonies at nursing schools. According to Professor of Nursing Linda Anderson, “The initiative is significant because it recognizes the role nurses hold as important members of the health care team.”

Bethel’s ceremony took place in Benson Great Hall. Anderson introduced the keynote speaker, Bethel alumna and Adjunct Assistant Professor Rachel Stapleton ’10. Stapleton is a registered nurse who began her adjunct faculty role at Bethel last fall. She shared her experience in Bethel’s program and the key points in her education that led her to focus on obstetrics and midwifery. She encouraged the students to support one another as they complete the nursing program.

To conclude, she offered the chorus lyrics from the song “Give Me Your Eyes” by Brandon Heath as a prayer over the students.

As each student’s name was called, they walked across the stage to be cloaked with a white lab coat by junior and senior nursing students. The students received a pin that will visually remind them of their oath and commitment. Before returning to their seats, each student also received a New Testament from the Gideon Auxiliary as a spiritual tool during their time in the nursing program and beyond. After all students had been cloaked, Associate Professor of Nursing David Cheesebrow led them in a recitation of the Bethel University Nursing Student Oath. The oath committed the students to providing compassionate, Christ-centered care for their patients.

Two special components of Bethel’s ceremony were student-led worship and a Blessing of Hands, led by Beth Peterson, department chair and professor of nursing. This blessing is a common prayer among faith community nurses. Peterson invited the students and all other nurses in the audience to extend their hands, palms up, while she prayed for the presence of God for each person so they may pass it on to others.

Current nursing students led a time of worship during the ceremony.

Adjunct Assistant Professor Rachel Stapleton ’10 spoke to the Class of 2017.

The Class of 2017 nursing students, led by Associate Professor David Cheesebrow, recite Bethel’s Nursing Student Oath, committing to provide compassionate, Christ-centered care.
This year’s Annual Nursing Research and Practice Symposium will be held on Thursday, April 23, 2015. The theme for the event is “Coping with the Challenges of Professional Nursing.” The keynote speaker will be our own Jone Tiffany. Examples of breakout sessions include:

- Nursing From a Patient’s Perspective by Pamela J. Erwin, D.Min.
- Men in Nursing: Joys and Challenges by Tim Bredow, Ph.D., CNP, RN, David Cheesbrow, MAPA, MA, RN, Dave Muhovich, MS, MPH, RN
- Cultural Competence and the Nursing Profession—The Liberian Experience in the Ebola Epidemic by Beatrice J. Wisseh, BSN
- Maintaining Compassionate, Healing Environments Through a Trauma-informed Delivery of Care Approach by Sandra Traudt, LICSW
- The Risks of Compassionate Caregiving: Empathic Distress by Judy Connolly, D.Min., BCC
- Panel presentation: Working in a Diverse Nursing Environment: Challenges and Rewards, moderator: Julie De Haan, MSN, RN; panel members include: Michelle Davenport, B.S.N., Ligogo Cesar Muholeza, BSN, Bruce Nelson, RN, Jessica Yang ‘15
- Creating a Pipeline of Future Nurses: An Examination of a Summer Institute as a Way to Recruit High School Students to the Profession of Nursing by Lynnea Myers, MSN, PHN, CPNP, RN with Gustavus nursing students: Haley Kemper, Kaylee Maxon, Benjamin Williams and Kelsey Zimmer.

For more information, visit bethel.edu/events/2015/nursing-symposium.

Reducing Health Disparities through Community Engagement

A group from Bethel’s Department of Nursing traveled to Menomonie, Wisconsin for the Upper Midwest Civic Engagement Conference in June. Nursing faculty, Marge Schaffer and Julie De Haan; Jeannine Holmquist ‘14; and two of our partners in community engagement, Diane Bonniwell, Minneapolis school nurse, and Gloria Thomas, pastor for Camphor Memorial United Methodist Church, presented the development, implementation, and evaluation of community engagement learning experiences in the Bethel nursing curriculum. Attendees were from Illinois, Iowa, Minnesota, and Wisconsin. The presentation included discussion of scenarios of some of the challenges encountered in community engagement by faculty, community partners, and students.

Here are some of the highlights from other presenters, who represented a variety of disciplines, schools, and roles.

- Presenters from Milwaukee Area Technical College reported that nursing accreditation visitors were impressed by their program’s connection with community partners, which contributed to a positive accreditation report. Also, they developed a Service-Learning 101 course for faculty, which provides CEUs.
- A junior social work student from Loras College presented her experience with participation in a poverty simulation and connected the value of the learning with her own family experience. One of the goals of the simulation is to dispel myths about living with poverty.
- A presenter who focused on problematic concepts in service learning discussed the challenge of measuring change because change can be slow and not be observed, which can be discouraging for students. The challenge is to figure out what change is realistic.
- A group from Gustavus Adolphus College tackled whether faculty should intervene when student service-learning work is

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not going well. Faculty members who have service-learning in their courses often feel the responsibility to protect community partners, since they do not want to lose community partners. This group offered a continuum of intervention moving from “swooping in” to take over to ongoing management to taking no action. They suggested strategies of regular check-ins; providing structure, but not too much; integrating feedback from the community partner into grading rubrics; and teaching the skill of learning to deal with negative feedback.

• Research regarding predictors for successful student outcomes was presented. Successful students were defined as those who persisted over time. The researcher found that the strongest predictors of success were full-time enrollment and higher GPAs; however, service-learning had a consistently strong impact on student success.

• A duo from an Iowa State design school challenged the attendees of their breakout session to use design theory as an approach to working with community partners. The steps of design theory include: accept the situation, analyze, define, ideate, select, implement, and evaluate. The presenters emphasized the ideate step of generating multiple solutions prior to selecting a course of action. They shared that creativity is frequently curtailed when this step is eliminated. Throughout the process, constant feedback is looped between the students and the community partner.

• One presenter shared the results of his dissertation, “The Efficacy of Service-Learning to Promote Transformational Learning.” He identified four themes, which were present in the student experience if the service learning led to personal transformation. The themes of privilege, barriers, discomfort, and ownership were discussed; however, “discomfort” was identified as the disorienting dilemma that plays a key role in understanding privilege. If a student was successful in working through his/her discomfort, he/she became more proficient in identifying barriers and moving on to ownership. Once ownership is achieved, the student finds more meaning in the learning and is open to transformation.

M.S.: Nurse Educator Program
Now Online

We are excited to announce that our Master of Science: Nurse Educator program will be offered online starting in the fall of 2015. Our Nurse Educator program has been revised to combine the best of what we have with an updated curriculum and online delivery system that will provide the most current information and skills for student and staff education. The nurse educator program will take online learning beyond papers and readings by integrating valuable opportunities to gain experience teaching and learning from current nursing faculty. With the reality of the nursing faculty shortage and the constant changes in healthcare, opportunities for nurse educators are growing. We are delighted to offer a program with highly regarded graduates, distinguished faculty, relevant instruction, a convenient online schedule, valuable networking and community, all within a Christian learning environment.

For more information about the online nurse educator program, attend an Online Information Session on April 9, 6:30-7:30 p.m. central. Visit admissions/ms-in-nurse-educator-online-information-session to register.

In order to celebrate the beginning of our newly revised nurse educator program, we are sponsoring a conference for nurse educators, “Innovations in Nursing Education: The Changing Faculty Role,” on Wednesday, May 27 at Bethel University. The featured speaker will be Susan Forneris, faculty member at St. Catherine University and NLN Excelsior Scholar in Residence for Simulation. CE hours available; full workshop and registration information available at bethel.edu/events/nursing-workshop.

Workshop Planners and Facilitators
Jone Tiffany, DNP, MA, RNC, CNE
Barb Hoglund, EdD, FNP-BC, CNE

Visit bethel.edu/events/2015/nursing-workshop or contact Jone Tiffany at jone.tiffany@bethel.edu for more information.
Alumni Reunite for Good Cause

Nursing alumni from the College of Arts & Sciences gathered for a fundraiser dinner in early December. Sue Steen, adjunct assistant professor of nursing, and Lynn Zdechlik, former adjunct assistant professor of nursing, hosted the event to support CURE Children’s Hospital in Mbale, Uganda. CURE is one of the primary visit sites for the nursing department’s Uganda study abroad trip and is a not-for-profit teaching hospital specializing in surgical treatment of neurological conditions such as hydrocephalus, spina bifida, and brain tumors. As a Christian medical organization, CURE provides not only physical care, but also spiritual care for patients and their families through counseling staff.

Steen, Zdechlik, and Associate Professor of Nursing Dave Muhovich, who also attended the fundraiser, have led the Uganda trip multiple times, and many of the nursing graduates in attendance are also alumni of that study abroad experience. The group enjoyed an evening of fellowship, reminiscing about their experiences in Uganda and the impact on their nursing practice. “What we learned from this [fundraiser] experience is that studying in Uganda touched our students’ lives forever,” says Steen.

The deep connection to Uganda was also evidenced by the amount raised for CURE that night. “We have been so amazed and touched by the generosity of our grads,” says Steen. “We know they have student loans and other important ways to spend their money. We were shocked to raise nearly $4,000.”

Steen plans to make the CURE Hospital fundraiser an annual event. For more information, email Sue Steen at s-steen@bethel.edu.

Program Updates

CAPS
CAPS nursing has been steadily moving along in the world of degree completion education. We made a transition to having a cohort completely online to see if this would draw in another group of students. It was met with great success! It filled faster than our face-to-face cohorts. In the next year, we will review if this is a trend in which we will need to offer more cohorts in this model. We are also reviewing our current strategies for marketing cohorts to ensure we are maximizing the pools of two-year prepared RNs in Minnesota. Industry standards are changing and we are prepared to educate nurses to meet those standards.

NURSE-MIDWIFERY PROGRAM UPDATE
We are delighted to announce that Bethel’s nurse-midwifery program has begun its second semester of classes! Students began their first clinical rotation this semester (Spring 2015). The clinical requirements in this semester are primary care, women’s health, and antepartum visits. Students are placed with an Advanced Practice Registered Nurse (APRN) preceptor, where they spend a total of 200 hours learning the clinic role and skills needed for a certified nurse-midwife practicing in today’s healthcare fields. Students are completing their first clinical rotation in several locations throughout Minnesota and Iowa. We are so thankful to the exceptionally qualified preceptors and clinical sites that have agreed to share their expertise with our students.

In July 2014, the nurse-midwifery program gained pre-accreditation from the Accreditation Commission of Midwifery Education (ACME). This status is a great achievement, as our first students will be allowed to sit for the certification exam in spring of 2016 when they graduate from our program. Spring 2016 will be an exciting time in the nursing department as we will also be Updates continued on p. 7.
BSNA Success with Be The Match Registry!

Congratulations to the Bethel Student Nurses Association (BSNA) for signing up 151 Bethel students, faculty, and staff to Be The Match!

For the first time this year, BSNA, along with faculty advisor Bethany Gerdin, led a university-wide recruitment and provided education for potential volunteer donors. Be The Match provides marrow transplants in the U.S. from volunteer unrelated donors to patients with leukemia and other conditions.

BSNA recruited over 100 people on campus to register as volunteer donors for Be The Match the first week of November. Be the Match reports the average daily volunteer registration is about 20 people, but Bethel nursing students had 50 volunteers for each day of their effort! Leaders of this campaign working directly with Be the Match were: Hannah Russell '15 and LeAnn Pratt '15; BSNA President Lisa Roeller '15; and several other students on the BSNA Community Outreach Team.

Nursing Faculty Contribute to Book of the Year


The book won Book of the Year honors in the Community/Public Health category. Three other Bethel nursing faculty contributed to it: Professor of Nursing Linda Anderson, Professor of Nursing Carol Hargate, and Professor of Nursing Bernita Missal.
Updates continued from p. 5.

hosting Commission on Collegiate Nursing Education (CCNE) accreditation for our entire nursing department and the nurse-midwifery program will host an ACME accreditation that semester.

Midwifery in the state of Minnesota is expanding! We are delighted to be partnering with several new practices that began in 2014. Here are a few fun facts about midwifery according to the American College of Nurse Midwifery (midwife.org):

- CNMs are licensed, independent health care providers with prescriptive authority in all 50 states, the District of Columbia, American Samoa, Guam, and Puerto Rico. CNMs are defined as primary care providers under federal law.
- While midwives are well-known for attending births, 53.3% of CNMs/CMs identify reproductive care and 33.1% identify primary care as main responsibilities in their full-time positions. Examples include annual exams, writing prescriptions, basic nutrition counseling, parenting education, patient education, and reproductive health visits.
- Medicaid reimbursement for CNM/CM care is mandatory in all states, and is 100% of the physician fee schedule under the Medicare part B fee schedule. The majority of states also mandate private insurance reimbursement for midwifery services.

Our students matter! The first cohort of midwifery students is from all over greater Minnesota and even Illinois. This program has received inquiries nationwide. Since the program is online, students can realistically be from anywhere. The plan of study for nurse-midwifery includes three weekend intensives throughout the program. The first intensive was held in November 2014. Faculty and staff from the university came together to offer the midwifery students an information-packed, hands-on, learning opportunity as we prepared them to enter their first clinical rotation. Both students and faculty considered this time together a complete success.

As we enter the world of midwifery education we continue to look for ways to meet our students’ needs. Many of our students are trying to complete a graduate degree in addition to meeting other responsibilities such as working, child care, parenting, church, and community obligations. For this reason, we are exploring the possibility of offering a part-time three-year plan of study to allow our adult learners to meet those expectations in addition to completing a graduate degree here at Bethel. A part-time option in addition to the full-time 2-year plan of study may be offered as early as fall 2015.

14th Annual Nursing Research and Practice Symposium

The 14th Annual Symposium held on Thursday, April 24, 2014 was another great success, with a dozen vendors from the Twin Cities area and as far away as Hawaii and Bismarck, North Dakota. The theme was “Bringing Mental Health to the Forefront.” Keynote speaker Mertie L. Potter, Ph.D., presented “Bringing Hope to a Suffering World.” She spoke about challenges and opportunities nurses face when providing psychiatric-mental health care to individuals in a variety of settings. Breakout sessions included a variety of topics related to mental health and nursing. Over 480 people attended the event.

Faculty Accomplishments

LINDA J.W. ANDERSON

Publications:


Online Courses: (Available at bethel.edu/undergrad/academics/nursing/professional-development/preceptor-training)


Faculty continued on p. 8.

Presentations:

Professional Activities:
• Faith Community Nurse Network of the Greater Twin Cities – Research Committee (2013-2014)
• Attended the 2014 and 2015 American Association of Colleges of Nursing: Baccalaureate Education Conferences

PAM FRIESEN
Friesen received a Fulbright Specialist Grant for teaching at Uganda Christian University (UCU) for four weeks in January 2015. She taught the Global Perspectives for Health course for the UCU Master’s students who were enrolled in the course with Bethel MS students. This collaborative exchange has been of great benefit to both Bethel and UCU students.

BARB HOGLUND

KIM MEYER
Publications:

Presentations:
• 2014, Mental Health in Faith Communities, Elim Community Nurse Network
• 2014, Mental Health in Faith Communities, St. Cloud Faith Community Nurse Network
• 2013, Mental Health in Faith Communities, Hennepin County Faith Community Nurse Network

Community Activities:
• 2013- present, Board member, Elim Care Faith Community Nurse Network
• Bethel Seminary: wrote MF622 Psychopathology and taught the course in the Marriage and Family Therapy program Fall, 2014

BERNITA MISSAL AND CONNIE CLARK

BETH PETERSON

KRISTIN SANDAU
Publications:

Presentations:

JONE TIFFANY
Passed the National League for Nursing Certified Nurse Educator (CNE) October 2014.

Presentations:
**Faculty continued from p. 8.**

Meeting for Simulation in Healthcare, Workshop presentation, New Orleans, Louisiana.


September 2014: National League for Nursing Education Summit, Phoenix, Arizona

- South Street Clinic: A Virtual Clinical Replacement Simulation, Podium Presentation
- Enhancing the Curriculum Landscape: From Research to Everyday Classroom, Podium Symposium
- NLN ACES Pre-summit Invitational workshop: Seniors lead the way – Advancing Care Excellence for Vulnerable Populations
- Laerdal Virtual Reality Simulation Panel
- Emerging Technologies for Nurse Educators: Low Cost-High Impact Options for Interactive Learning, Pre-conference

June 2014: International Nursing Association for Clinical Simulation and Learning Conference, Pre-conference Course Offering: Original Research, Enhancing Clinical Reasoning: a full-scale study, Orlando, Florida.

June 2014: University of Maryland School of Nursing Institute for Educators, Using technology to enhance student learning, Baltimore, Maryland.


March 2014: Sigma Theta Tau Annual Meeting, Chi-At-Large, Enhancing Clinical Reasoning through simulation: A multi-site nursing education research study, St. Paul, Minnesota.

KATHY TILTON


AMY WITT

Accepted a position as a Sexual Assault Nurse Examiner (SANE) with Regions Hospital in November.

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**THIS ISSUE’S CONTRIBUTORS**

Julie De Haan, Bethany Gerdin, Rita Haglund, Krista Hoekstra, Barb Hoglund, Bernita Missal, Lauren Pareigat, Beth Peterson, Marge Schaffer, and Jane Wrede

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Keep in touch with us!
bethel.edu/alumni/stay-connected/update-info