New Post-masters Doctorate of Nursing Practice (DNP) Program

JANE WREDE

We are delighted to announce that Bethel University gained approval from the Higher Learning Commission (HLC) to offer a new post-masters Doctorate of Nursing Practice (DNP) program!

Over the course of the last year the graduate nursing faculty have been diligently preparing to add a post-masters DNP program to the existing Bethel nursing suite of program offerings. The HLC visitors were quite complimentary to our staff, faculty and administration in our preparations for this new program. We are excited to launch this program in fall of 2018.

The post-masters DNP program will be for advanced practice nurses (APNs) already practicing in their specialties and communities. The curriculum is online with a one week on-campus intensive in the summer. We believe the online format will help our students remain in their communities as practicing APNs. The program is designed to focus on leadership in nursing that influences systems of change which will improve patient and population outcomes. We desire in all our nursing programs to empower nurses to provide the best care based on current evidence within their specific scope of practice. As DNP graduates our students will be equipped to make ethical and cost effective administrative decisions in an ever changing society. The curriculum can be completed in as little as 36 credits and 21 months. We are now accepting applications for DNP students!

Inquiries about the program can be directed to Dr. Jane Wrede at j-wrede@bethel.edu.

Nursing Department Facebook Page

Bethel University Nursing Department Facebook page is a great place to stay connected to the current happenings in the Nursing Department. We encourage our alumni and friends to Like and Share our page. We use this page to share current achievements of alumni and faculty, post open faculty and staff positions, highlight the amazing activities of our students, and share the blessings we experience in the department.

We invite you to continue to notify us of amazing things our graduates are doing in the world. We love to hear from you!

Please note – we typically post on a monthly basis so your newsfeed will not be filled with our posts.
Dr. Kristin Sandau Appointed by the American Heart Association

The American Heart Association asked Dr. Kristin Sandau to lead a team of nurses and physicians to update practice standards for ECG monitoring of hospitalized patients. This was published in 2017 and endorsed by the American College of Cardiology.


Dr. Sandau will be presenting a national webinar for the American Association of Critical-Care Nurses (AACN) to help “translate” what these practice standards mean for care at the bedside.


Community Engagement: Bridging the Art and Science of Nursing Practice
CAROLE HARGATE AND BETH ANDERSON

As students prepare for a future in nursing, a key recommendation for nursing educators is to offer transformational education experiences that ensure students are prepared to work to their full potential in diverse settings. Community Engagement offers opportunities for faculty and students to collaborate and partner with community agencies, gaining understanding of the social determinants of health. At Bethel, nursing students work with diverse populations as they partner with sites throughout the metro area.

The Community Engagement Curriculum was initiated in the Spring Semester of 2011 as 21 community engagement sites partnered with the Bethel University nursing department. In 2018, the number of partnering agencies has grown to 39 sites and offers students the experience of working with organizations such as early childhood education, schools, churches, transitional housing, senior care, and hospice.

Community Engagement offers many students unique experiences in the St. Paul area through collaborative efforts with the Office of Off-Campus Programs and Inter-
national Studies, specifically the Frogtown Office for Service-Learning and Community Engagement. Through these collaborative efforts, 99 nursing students provided 880 community engagement hours to a variety of Frogtown/Summit University sites per the 2017 End of Year Report provided by the Bethel-Frogtown/Summit-University Partnership.

These varied opportunities allow nursing students to understand the importance of collaboration within and among agencies, develop in cultural efficacy, and increase understanding of the broader concepts of health. The Community Engagement experience begins during the spring semester of the sophomore year when students are assigned to a community engagement site. This collaborative relationship continues over the next five semesters of the student’s academic career. Generally, Community Engagement sites host 4 to 8 students, sophomore to seniors, during a given year. As senior students graduate and exit the site, incoming sophomores begin collaborating with their assigned site. This continuity promotes partnership collaboration and sustainability, while embracing and respecting the value of diversity.

As with any program Community Engagement offers students the opportunity to celebrate success and to address challenges in a way that promotes personal and professional growth. As a bridge for sophomore students entering community engagement, a senior student shares his or her experience working with their community engagement site. This year the senior student, Tera McKenney, shared the following with incoming sophomores:

• “Overall, CE is more than assignments and requirements. You have to want to engage. I have had opportunities that I never would have without CE.
• Not only do these opportunities look schnazzy on your resume, but they also contribute to our growth as nurses.
• As a nurse, we will be caring for those who are vulnerable, frightened, and feeling helpless. Through CE, we are working for those who feel the same way.”

As for students, community partners experience both successes

Community continued on p. 3
What is your favorite aspect of teaching nurse-midwifery at Bethel? Without a doubt, my favorite part of teaching is our students and graduates! I thrive off of their energy and passion for women and families. There is no mistaking that midwifery is incredibly hard work. Midwifery is synonymous with long hours, sleepless nights, and providing presence that at times is incredibly draining both physically and emotionally. All the while I have the sweet pleasure of being regularly filled up by students’ fresh eyes and hearts. You all know I particularly love reproductive physiology, and so I appreciate the questions that make me revisit well known content just a little bit deeper – like Michelle having us revisit the contradictions in our textbooks regarding the origin of the endoblast in embryonic development this semester, or Alison having us ponder the implications of twin placentation on the timing of cord clamping at birth. Precepting is likely my favorite role as an educator. I’m perfectly content to put in IUDs by myself, but it’s honestly so much more fun to have someone nervous and excited doing it with you! And when I encounter women with emotional pain in clinic, I love how students can be so very attune to layers of women’s needs I may not have considered in the midst of a busy clinic schedule. Students’ fresh eyes, both in the classroom and in clinical, are so wonderful! And when I think of your hearts, I think of unexpectedly running into Fernanda this week (2017 graduate). She was just gushing about how much she adores being a midwife. She has immigrant women who follow her back and forth between her two clinic sites. She finds herself regularly going in on her days off, because she just can’t bear to miss the births of so many women she loves so well! Students are all simply contagious. Seeing their dedication and determination to advocate for women’s choices and for normalcy in all life stages, but especially birth, that’s what gives me hope in this profession. Hope that there will be beautiful energy to fill in on the days I’m tired. Midwives and students - take care of yourselves! We are all SO needed.

From left to right: Nicole Hunter with adjunct faculty member Dawn Dahlgren-Roemmich, Viktoryia Petrushevich and Lindsay Nelson.

**Community continued from p. 2.**

and challenges. A community partner shared the following success story:

“(Students) assigned to our site have been an incredible asset to our team. Both students are professional and dependable. They have done an excellent job collaborating internally with other Bethel students to assess and fulfill the community needs and externally in assessing and providing feedback with the community, our stakeholders and county partners in a thoughtful & timely manner. This has assisted our department in our mission to develop & sustain collaborative relationships. (The students) successfully balanced multiple needs on our team. (The students) prepare well and are aware of their audiences and ask questions appropriately. These students are pleasant, go above and beyond in their efforts and my colleagues would agree that they are timely & dependable which make our jobs easier. They are eager to learn and are an asset to public health in general. I would be delighted to work with either or both in the future.”

Community Engagement offers Bethel students the opportunity to develop knowledge, skills, and attitudes essential for effective engagement in the current ever-changing health care system. Community Engagement champions both the art and science of nursing.
Bethel University Nursing Research & Practice Symposium will Pause

RITA HAGLUND

The Bethel University Nursing Department made the decision to pause the Nursing Research & Practice Symposium for the 2017-2018 academic year. This decision was made to put efforts toward the goal of planning an Interdisciplinary Professional event in the future. Inter-professionalism is one of the areas that we are required to address as part of our accreditation. Conversations have been initiated to consider how to plan for an interdisciplinary event.

We greatly appreciate all of our nursing alum who have been a part of this annual event over the years that made it such a success.

Given this change of plans our current nursing students still had the opportunity to participate in a new event to connect with those same vendors who made the commitment to participate in the nursing symposium year after year. This new nursing vendor/career fair event took place on Wednesday, March 7th with over 20 vendors in attendance. Sophomore, junior and senior nursing students took part in networking with potential employers and enjoyed a Hot Chocolate Bar that included marshmallows and whipped cream. It was exciting to hear from a number of students who came away with valuable information, new perspectives on employment opportunities and in some cases a job! Another component of the evening was a dinner event for students who chose to hear from several senior care partner organizations firsthand about unique employment opportunities in healthcare.

Bethel Student Nurse’s Association – Making a Difference

The Bethel Student Nursing Association (BSNA) is the official nursing department club which strives to create nursing-related events for the development of Bethel nursing students and to strengthen the bonds between students, faculty, the Bethel Community, and surrounding communities. Last spring, BSNA put on a very successful campus-wide blood drive through the American Red Cross. We also love to involve Bethel nursing alumni. Typically, we invite nursing alumni to share their vast range of nursing experiences with students and faculty at panel events. This is a great opportunity for current students to network with working nurses who have been through this rigorous major, as well as to learn about the many opportunities that nursing has to offer. Other events included résumé and interview workshops run by the Bethel Career Development and Calling staff which helped prepare our students to be successful in their job and internship pursuits. Lastly, we love to get off campus and get involved in the community. A few of the opportunities that allowed BSNA to do so were participating in the Be the Match 5K- a walk dedicated to bone marrow transplant research, and volunteering at non-profits like Matter where we helped organize medical equipment that would be shipped to areas of need, and The Hope Lodge - a center for people in the community receiving chemotherapy.

This past fall, BSNA planned many new and exciting events such as an open house for freshmen students that allowed them to freely ask questions and learn about the nursing program and get to know other students in the nursing program. We also hosted a celebratory party for the newly admitted sophomores, a summer nursing internship panel where juniors were able to learn from the seniors who had summer internships, a lighthearted nursing department-wide Christmas party, as well as a relaxation day during finals week for students and staff to unwind and take a break from the stress and commotion of finals. Most recently, we had the most successful campus-wide blood drive held at Bethel through the American Red Cross. We were able to collect 61 pints of blood, which has the capacity to save 183 lives! In the next few weeks, we look forward to hosting a new graduate panel consisting of six 2017 Bethel nursing grads, where they will share how they passed the NCLEX and their transition into the workforce. Other upcoming events include volunteering at Feed My Starving Children and hosting an on-campus bake sale and shoe drive for charity. Our BSNA team looks forward to planning and hosting more outstanding events that are able to strengthen the bonds between our nursing students, faculty, the Bethel community, and our surrounding communities.

Follow us on Facebook at Bethel Student Nursing Association

Sydney Gray, BSNA President
Amy Maslonka, BSNA Vice President
**New initiatives in the RN to BS in Nursing Program: Multiple Starts and Redesign for 10 Month Completion**

**KRISTA HOEKSTRA**

The RN to BS in Nursing program has undergone significant changes in the past year. We have moved to an enrollment process called Dynamic Enrollment. This process allows students to enroll in the program 7 different times per year! The program has been completely redesigned allowing students to start when they want and finish in as little as 10 months (full time credit load). This opportunity allows students flexibility that no other program in Minnesota is able to offer. We have maintained our rigor, added flexibility, and relevant experiences to students’ learning. We encourage you to check out our program and pass this information along to any associate degree nurses you may know.

In addition, with the changes in enrollment process and curriculum, the clinical care change project that many of you experienced has undergone a change. We took the best pieces of the Clinical Care Change Project and partnered with senior care providers in the Twin Cities to offer a unique project based clinical. The clinical uses the change process to assist students in working with an organizations’ clinical problem. Students are introduced to a method of problem solving that can be applied in any setting.

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**The Center for Healthcare Excellence at Bethel University**

**KRISTI MOLINE**

Minnesota is known across the country as “Medical Alley” due to world-renowned clinical care, leading medical device companies, a myriad of health technology start-up companies and it is home to one of the largest healthcare organization in the world, UnitedHealth Group. This environment makes healthcare one of the largest industries in Minnesota and a leading employer of Bethel graduates.

Bethel already boasts a significant impact on the healthcare marketplace. Some relevant numbers:

- Bethel sends nearly 300 graduates into healthcare practitioner roles every year.
- More than 1,500 Bethel alums report themselves as working directly in healthcare services. Five out of the top ten employers of Bethel alums are from the healthcare industry, accounting for nearly 700 of our employed alumni. These alumni come from a wide variety of our programs, from the obvious (nursing, nurse-midwifery, PA) to the less obvious (Business/Econ, Physics), to the surprising (English, Communications).

Building on this strong foundation, The Center for Healthcare Excellence is engaging marketplace partners in conversations to learn more about current and future workforce needs. This information is then translated back into academic and experiential learning opportunities for our students to better prepare them for careers in healthcare. Additionally, we are designing pathways for students to get the most out of their Bethel education. A pathway builds on the strong foundation of a liberal arts education through the students major of choice and adds intentional exposure to healthcare through courses, experiences, and internships. A pathway through the Center for Healthcare Excellence allows students to intentionally explore healthcare as a career field while pursuing their degree at Bethel. We believe students on a pathway will have a distinct advantage over completion when pursuing job opportunities within the healthcare marketplace.

Since launching in 2015, one of the primary areas of focus for the Center has been in the provider sector of senior care. Senior care has great missional alignment for Bethel as we are able to attract students to the Christian value aspects of caring for our elders. Through the Center, Bethel has entered into a formal partnership with five of the leading senior care organizations in Minnesota. The goals of the partnerships include developing and launching a senior care leadership and administration program to prepare more Christ-centered senior care leaders and; attracting two-year degree RNs to complete the bachelors in nursing program at Bethel to better prepare them for clinical leadership roles in senior care. We believe that preparing and deploying Bethel graduates to serve in this sector of healthcare can have significant impact on the Kingdom as our elders live out their lives in organizations nurtured by Christ-centered leaders.

For more information on the Center for Healthcare Excellence at Bethel, contact Kristi Moline at kl-moline@bethel.edu.
LAURA NUGTEREN  
MA, RN, CCRN

Laura Nugteren joined the Bethel University Nursing Department in 2010 as an adjunct faculty. This fall, Nugteren was hired as an Assistant Professor. Ms. Nugteren graduated from South Dakota State University with a BS in Nursing in 2003. She obtained an MA in Nursing Education from Bethel University in 2008. Nugteren’s professional focus is in adult cardiovascular and critical care. In 2010, Nugteren and Sandau published “Critical Review of Health-Related Quality of Life Studies of Patients with Aortic Stenosis” in the Journal of Cardiovascular Nursing. Nugteren continues to work as a staff nurse at Mercy Hospital in the ICU and maintains certification as a critical care registered nurse. At Bethel, she has taught clinical, simulation, and skills lab. Laura lives with her husband and two children in Chisago City, MN where she enjoys boating, running, and baking. She is a member of Trinity Lutheran Church of Lindstrom, MN.

DENISE POST  
DNP, APRN, CNP, BCB

Denise has been hired as an Associate Professor of Nursing tenure track position. She is part of the Pediatric Nursing Team teaching senior students in the fall. Spring semester she teaches Health Assessment to the sophomore class. Prior to teaching at Bethel she worked as a Pediatric nurse for 27 years primarily in critical care areas. She obtained her Doctor of Nursing practice as a Pediatric Nurse Practitioner (PNP) in 2015 and continues to work as a PNP. Since graduation Denise has worked both as a primary care PNP and taught Biofeedback skills to help manage chronic pain conditions. She is married and has two college-aged children.

AMANDA PRIMOZICH  
MHL, RN

Amanda Primozich joined the Bethel University Nursing Department spring semester 2017 as adjunct faculty. In the fall of 2017, she was hired as an Assistant Professor. Mrs. Primozich graduated from the College of St. Catherine in 2007 with a BA in Nursing and Spanish and obtained her Masters in Healthcare Leadership from Park University, Missouri in 2011. She is currently working on her DNP at Capella University, Saint Paul, MN. Her professional focus is in adult critical care. She is also passionate about caring for our veteran population. Mrs. Primozich joined the United States Air Force Reserve in 2001 and continues to serve as a Flight Nurse. She has deployed four times and had the privilege of taking care of wounded warriors while working in the ICU at Landstuhl Regional Medical Center, Germany. Mrs. Primozich continues to work as a staff nurse at Hennepin County Medical Center in the Surgical, Medical and Burn ICUs. At Bethel, she has taught clinical and simulation. Amanda lives with her husband and two step-sons in South Saint Paul, MN. She enjoys traveling, running, fishing, and mentoring youth. Amanda attends Crossroads Church, Woodbury.
Marilyn Chambers Retires

Bethel University was never a career goal for me, especially as I had never heard of it until summer of 1983. The nursing program had just begun with the senior year classes starting soon. Public health faculty were needed and I was asked to submit an application. Well, 33 years later, I completed a phenomenal time as a faculty member! I began in the public health course, added on Cultural Diversity and then had seniors in their last semester internship. One of the highlights was finding all kinds of clinical placements through my colleagues at the aeromedical evacuation squadron at the Air Force Reserve base.

I am now down to only one position, a consultant in home care and assisted living. I work with agencies starting a home care agency, agencies needing additional clinical training for aides or nurses and assisting in meeting state and federal regulatory requirements. My focus remains clinical but I do branch out into regulatory when needed. Working with the Department of Health, Department of Human Services and Federal programs such as Medicare keeps the creative juices flowing.

I have been so blessed with the doors Bethel opened for me in my practice and the ability to share the gospel in settings I would never have been able to get into without Bethel. My colleagues and students have been such a positive influence in my growth, whether I appreciated it at the time or not!

My foundation of nursing and teaching is the Mathew 25:37-40 passage. The King is separating the righteous and unrighteous. The righteous are asking when they saw Jesus as hungry, needing clothing, thirsty, as a stranger or in prison. The response is “I tell you the truth, whatever you did for the least of these brothers of mine, you did for me.” My role is to care for clients. As a faculty member, my role is also to care for my students. Life is hard. My desire was to bring hope and encouragement as part of life. That might have been in nursing or it might have been for something.

I truly have been so blessed with my colleagues and students over the past 33 years! You all have given me encouragement, helped me face hard times, shared hard feedback to me. You have been a rich gift.

David Cheesebrow Retires

After ten years of service as a faculty member at Bethel, David Cheesebrow has retired. Over the years, David shared many a story about his time as an ER nurse, as well as shared thoughtful reflections and suggestions to improve nursing education and practice. David continued to work clinically while teaching which allowed him to stay current in nursing practice and share this knowledge with faculty and more importantly with our students. His clinical teaching remained relevant and this was demonstrated by students who expressed what an excellent clinical teacher he was well after they graduated! David was often the first to arrive to the department and greeted the rest of us with his smile. His love of teaching was evident through the time and effort he gave to students. Over the last several years, David has offered his expertise in CPR training teaching faculty this required skill for clinical teaching.

The department greatly benefited from David’s servant heart and his many contributions which colleagues have said was above and beyond his expected role.

Caring for Other Cultures

This video was created to help inform students about healthcare and culture in a course in our Degree Completion program. Take this opportunity to further your own understanding of cultural care.

(Somalian Interview) https://vimeo.com/255053068
Faculty Accomplishments

BETHANY GERDIN, AMY WITT, JULIE DEHAAN
• Bethany Gerdin, Amy Witt, Julie DeHaan, and 2017 graduate Lauren Bergman presented a poster at the Sigma Theta Tau International conference in October entitled “The Impact of Collaborative Testing on Content Retention in Baccalaureate Nursing Students”.

CONNIE CLARK
Publications:

Presentations this academic year:
• Ready for Primetime, Bethel University: Opening Doors through Collaborative Research with the Somali Community, October 12, 2017.
• Presented collaborative research on: Caring for the Somali Immigrant New Mother at World Congress on Nursing and Nursing Education; Sept. 7-8, 2017, Rome, Italy.

KIM MEYER
Publications:

Presentations:
• Boundaries in professional nursing relationships: Termination. Elim Faith Community Nurse Network Fall workshop, Dark Night of the Soul: Depression in the Faith Community.

JUDY PERRY
Link: https://academic.oup.com/inthealth/article/doi/10.1093/inthealth/ihx072/4855964?guestAccessKeyId=d0099036-d241-4dc0-9641-bd5c05e52f9f

LINDA ANDERSON
• Fulbright Specialist, US Department of State’s Bureau of Educational and Cultural Affairs and the Institute of International Education’s Council for International Exchange of Scholars to Diakonova University College, Oslo, Norway (May 2017).
• Poster presentation: “Public Health Interventions: School nurse practice stories” at the University of Minnesota, School of Nursing Research Day, Minneapolis, MN April 28, 2017.

ANN HOLLAND
Publications:
• Holland, A. (2018). Experiencing Christ in your workplace with the five senses, accepted for publication, Journal of Christian Nursing

Presentations:
• Vicki Schug, Ann Holland, & Linda Blazovich, A Shared Mental Model for High-Stakes Simulation Evaluation in Nursing Education, accepted podium presentation, Nursing Education Research Conference, April 2018, Washington D.C.
• Ann Holland, Deborah Bambini, Jone Tiffany, & Linda Blazovich, The Effect of Faculty Training and Personality Characteristics on High Stakes Assessment of Simulation Performance, accepted podium presentation, Nursing Education Research Conference, April 2018, Washington D.C.
• Ann Holland, Linda Blazovich, & Dorie Fritz, Achieving fair and reliable performance assessment in simulation, workshop presentation, Health Partners Simulation Conference, October 2017, St. Paul, MN.

FacultyAccomp. continued on p. 9.
• Ann Holland, Jone Tiffany, Vicki Schug, Linda Blazovich, & Deborah Bambini, The effect of evaluator training on reliability of high stakes assessment of student performance in simulation: results of a nationwide experimental study, podium presentation, NLN Education Summit 2017, San Diego, CA
• Ann Holland, Dorie Fritz, Linda Blazovich, Vicki Schug, Jone Tiffany, & Deborah Bambini, Creating shared mental models for evaluation in healthcare education and practice, poster presentation, High Performance Innovation Teams: an interprofessional approach to health, April 2017, St. Paul, MN

JONE TIFFANY

Publications:
Published National League for Nursing TEQ Blogs
• Tiffany, J. (2017). National League for Nursing TEQ Blog: Everything you need to know about technology, students are now learning in grade school.

Presentations:
• February 2018: Learning to Use Debriefing for Meaningful Learning: Two-day workshop, Washington, D.C.
• October 2017: Wolters Kluwer/ NLN Nursing Education Speaker Series: Using Technology to Enhance Student Learning: Getting the Band for Your Buck, Online Webinar.
• October 2017: Learning to Use Debriefing for Meaningful Learning: Two-day workshop, Washington, D.C.
• September 2017: National League for Nursing Education Summit, Podium Presentation: The Effect of Evaluator Training on Reliability of High Stakes Assessment in Simulation, San Diego, California.
• September 2017: National League for Nursing Education Summit, Pre-conference Workshop: Enhancing Learning through Technology, San Diego, California.
• June 2017: International Nursing Association for Clinical Simulation and Learning Conference: The
Effect of Evaluator Training on Reliability in High-Stakes Simulations - A Pilot Study, Washington D.C.

- June 2017: International Nursing Association for Clinical Simulation and Learning Conference: Welcome to the Virtual Community of Promise Heights, The Innovative Public/Community Health Clinical Site You’ve Been Looking For, Washington, D.C.

Faculty continued from p. 9.

Keep in touch with us!
bethel.edu/alumni/stay-connected/update-info