# Preparing Faith Community Nurses to Precept Public Health Nursing Students

Module 1: Cornerstones of Public Health Nursing Applied to Faith Community Nursing Practice

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## Introduction

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- · Continuing education credit



#### Course overview

- Module 1 Cornerstones of Public Health Nursing Applied to Faith Community Nurse Practice
- Module 2 Public Health Nursing Intervention Wheel Applied to Faith Community Nurse Practice
- Module 3 Precepting Students in the Faith Community



# **Course Objectives**

- Participants will demonstrate increased understanding of population-focused competencies for the new graduate public health nurse.
- Participants will identify population-focused nursing interventions matched to the new graduate competencies which public health nursing students can complete in the congregational setting.
- Participants will report increased confidence in their ability to be an effective public health nursing preceptor.

## **Definitions**

- · Public health nursing
  - Population-focused
  - Health promotion & disease prevention
  - Governmental agency
- Community Health Nursing
  - Population-focused
  - Health promotion & disease prevention
  - Variety of settings
- Faith community nursing
  - Population-focused
  - Health promotion & disease prevention
  - In a faith community with intentional care of the spirit



One good community nurse will save a dozen future no

# Faith Community Nursing

 "Faith community nursing is the specialized practice of professional nursing that focuses on the intentional care of the spirit as part of the process of promoting wholistic health and preventing or minimizing illness in a faith community (American Nurses Association and Health Ministries Association, 2005, p. 1)."



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# Faith community setting as a public health nursing clinical site

- Concepts of health promotion and disease prevention are integral to FCN practice.
- FCNs address Healthy People 2010 national health care objectives in their practice.
- Students, especially licensed RN-to-BSN students, can make contributions to the health and well-being of congregants.
  - Congregational assessment
  - Educational projects
  - Screening
- Need for non-traditional public health clinical sites

(American Nurses Association and Health Ministries Association, 2005; Brendtro & Leuning, 2000; Otterness et al, 2007; Rydholm et al, 2008, Weis et al, 1997; Weis et al, 2002)

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# Cornerstones of Public Health Nursing





Florence Nightingale

# Cornerstone 1: Focuses on the health of population

- Population-of-interest
  - Essentially healthy but health could be enhanced or protected.
- Population-at-risk

   Common identified risk factor or exposure that poses a threat to health.





# Cornerstone 2: Reflects community priorities and needs Evaluate Assessment Implement Prioritize Needs Prioritize Interventions

# Cornerstone 3: Establishes caring relationships

- Caring relationships are established with:
  - Individuals and families,
  - Communities,
  - Systems.



"Nobody cares how much you know, until they know how much you care."

## Cornerstone 4: Grounded in:

- Social justice
- Compassion
- Sensitivity to diversity
- Respect for all people





# Cornerstone 5: Encompasses wholistic health

- Mental
- Physical
- Emotional
- Social















# Cornerstone 6: Promotes health based on epidemiological evidence

- Epidemiology disease in populations
- Evidence-based nursing practice

Evidence-based resources	

- National Guidelines	Clearinghouse www.guideline	σΩV

- National Guidelines Clearinghouse <u>www.guideline.gov</u>
- Joanna Briggs Institute <u>www.joannabriggs,edu.au</u>

(DiCenso, A. :. G., G., & Ciliska, D.,2005)

Best Evidence

## Cornerstone 6 continued: Prevention

- Primary prevention
- · Secondary preventior
- Tertiary prevention



# **Primary prevention**

- Health promotion\_
- Specific protection







# Secondary prevention

- Early detection and treatment
- Screening







# Tertiary prevention

- Prevents existing problems from becoming worse
- Rehabilitation





# Cornerstone 7: Collaborates with community resources

- · Collaboration in the faith community setting
- Core functions of governmental public health nursing
  - Assessment -
    - "knowing what needs t done"
  - Policy development
    - "being part of the Solution"
  - Assurance
    - "making sure it happens"

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# Cornerstone 8: Functions under the Nurse Practice Act

- Minnesota Nurse Practice Act
  - http://www.state.mn.us/mn/externalDocs/Nursin g/Entire Nurse Practice Act 042303011528 Nur se%20Practice%20Act.pdf
- American Nurse's Association Scope and Standards for Faith Community Nursing, 2<sup>nd</sup> Edition
  - http://www.nursesbooks.org/Main-Menu/Standards/A--G/Faith-Community-Nursing.aspx



#### Conclusion



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