Preparing Faith Community Nurses to Precept Public Health Nursing Students

Module 2: Public Health Nursing Intervention Wheel Applied to Faith Community Nurse Practice

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The Public Health Nursing Intervention Wheel
The Intervention Wheel

- Framework to define the scope of public health nursing practice.

Individual/family-focused interventions

- Changes knowledge, attitudes, beliefs, and behaviors of individuals.
- Interventions are directed at individuals.
- May be done as part of a group.
- Receive services because they are part of a population.
Community-focused interventions

- Changes community norms, attitudes, practices, and behavior.
- Focus on an entire population or groups within the population with the same risk or characteristic.

Systems-focused interventions

- Changes organizations, policies, laws, and structures.
- Focus on systems within populations that have potential impact on individual health.

Interventions at multiple levels

- Interventions are most effective when all levels are combined.
Surveillance, Disease & Health Event Investigation, Outreach, Screening

**Surveillance**
- Monitors health of populations through systematic data collection.
- Example: Child program illness exclusion.

**Disease & Health Event Investigation**
- Systematically gather and analyze data regarding threats to the health of populations and determines control measures.
- Example: Preschool immunization
Outreach

• Locates populations to provide information about health concerns and services.
• Example: Providing food/gifts to needy congregants.

Screening

• Identifies individuals with unrecognized or asymptomatic disease.
• Example:
  – Systems: Mini-depression screening policy
  – Community: Information on age appropriate screening at health and wellness fair
  – Individual: Provide screening tests

Referral & Follow-up, Case Management, Delegated functions
Referral & Follow-up

• Assists individuals, families, groups, organizations, and communities to find needed resources.

• Examples:
  – Systems: Resource list
  – Community: Early childhood program bulletin board
  – Individual: Physician, food shelf, WIC

Case Management

• Coordinate care to increase self-care capabilities of individuals and families.

• Example: Lay volunteer visitor program.

Delegated Functions

• Functions that require a physician order.

• Direct care tasks the nurse delegates to others.

• Example: Flu immunization clinic.
Health Teaching, Counseling, Consultation

Health Teaching

• Communicate information to change health related behaviors.
  • Example: Diabetic education

Counseling

• Establish an interpersonal relationship to increase of enhance self-care or coping.
  • Example: Support groups.
Consultation

• Two or more persons or organizations work together to achieve a common goal to enhance health.
• Example: With pastoral staff.

Collaboration, Coalition Building, Community Organizing

Collaboration

• Collaboration commits two or more persons or organizations to achieving a common goal to enhance the capacity to promote and protect health.
• Example: Connect with community groups and congregant families.
Coalition Building & Community Organizing

- Promotes and develops alliances among organizations or groups to build linkages to address health concerns.
- Help community groups to identify common problems or goals, mobilize resources, and develop and implement strategies for reaching goals.
- Example: Connect with community organizations.

Advocacy, Social marketing, Policy development & Enforcement

Advocacy

- Act on someone’s behalf or strengthen their ability to act on their own behalf.
- Example:
  - Systems: Prayer chain confidentiality.
  - Community:
    - Advocate for hidden needs.
  - Individual/family:
    - Health care decisions.
Social Marketing

• Uses marketing or advertising principles and technology to influence health practices.
• Examples:
  ─ Publicizing events or services

Policy Development & Enforcement

• Policy development results in rules, regulations and policies.
• Policy enforcement compels people to comply with rules, regulations, and policies.
• Examples: Transportation and background checks.

Conclusion

• The Intervention Wheel can be used to describe the totality of faith community nurse practice.
References