<table>
<thead>
<tr>
<th>Competency</th>
<th>Activities (Intentional care of the spirit is foundational to all FCN interventions)</th>
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</thead>
</table>
| 1. Applies PHN process to individuals/families, communities, systems | 1. Individual & family assessment and care plan (follow a select individual &/or family to follow and build relationship.)  
2. Congregational assessment of entire congregation or specific aggregate.  
   - Assess children with special needs in congregation and work with staff to develop meaningful worship for these children.  
   - Teens  
   - Seniors  
   - Caregivers  
3. Food shelf participants  
   - Assess  
   - Resources and referrals  
3. Systems example –  
   - Lutheran Board of Pensions Wholeness Wheel  
     Use as a backdrop for congregational needs  
     Includes physical, social, vocational, financial, emotional, spiritual  
   - Denominational support groups  
   - Catholic ministry day |
| 2. Utilizes epidemiologic principles | 1. Disease prevention – Hand washing signs  
2. Violence prevention signs  
3. Communication with staff and congregation regarding pandemic flu prevention activities (bulletin boards, newsletters, staff meetings)  
4. Flu immunization clinics  
5. Preschool/ day care – develop and/or revise illness exclusion policy (strep, lice)  
6. Bone density screening |
| 3. Utilizes collaboration to achieve public health goals | 1. Attend Health Care Advisory committee meetings  
2. Participate in geographic and denominational support group meetings  
3. Wellness fair – explain and interpret FCN role, bring in outside community resources  
4. Community grief and depression coalition  
5. Assist schools, particularly those aligned with congregation, with screening (hearing and vision) |
| 4. Works within the responsibility and authority of the governmental public health system | 1. Disaster planning  
   - Safety plans for congregation work with police  
   - Fire preparedness  
   - Role of congregation/building in the event of community disaster based on location  
   - Update resources and phone contact lists  
2. Daycare and preschool assess compliance with regulations  
3. Resource linkage for congregants  
   - Minnesota Care  
   - Metro mobility  
   - Immigration grants  
   - Low income section 8 housing |
| 5. Practices under the auspices of the Nurse Practice Act | 1. Discuss role within the Nurse Practice Act  
2. Review Scope and Standards of Faith Community Nurse Practice  
3. Discuss maintenance of appropriate records  
   - Confidentiality in the congregational setting  
   - Educate pastoral staff about confidentiality  
   - HIPPA – FCN not bound by HIPPA because of lack of federal funding – communication to hospital and LTC staff about FCN role  
4. Observe FCN role |
|--------------------------------------------------------|----------------------------------------------------------------------------------|
| 6. Effectively communicates with individuals/families, communities, systems & colleagues | 1. Confidential communication discussion  
2. Individual/family visits & accompany congregants to doctor visit  
3. Teach groups health topics  
4. Written communication (newsletters, bulletin boards)  
5. Post health information on congregational website  
6. Peer communication with geographic and denominational FCN meetings  
7. Congregation staff meetings  
8. FCNN educational opportunities |
| 7. Establishes caring relationships | 1. Individual & family assessment and care plan (follow a select individual &/or family to follow and build relationship.)  
2. Role model caring in home visits, hospital visits, group discussions, before and after service discussions  
3. Work with a support group  
4. Blood pressure screening (repeat on several occasions)  
5. Demonstrate caring by developing relationship with group before teaching |
| 8. Shows evidence of commitment to social justice, the greater good and public health principles | 1. Attend congregation social concerns committee meeting  
2. Participate with congregational group in social justice opportunities such as visiting homeless shelter, women’s shelter, serving meals, Feed My Starving Children  
3. Discuss boundaries and safety issues  
4. Update policies related to social concerns committee activities  
5. Update resource list |
| 9. Demonstrates nonjudgmental and unconditional acceptance of people different from self | 1. Attend congregation social concerns committee meeting  
2. Participate with congregational group in social justice opportunities such as visiting homeless shelter, women’s shelter, serving meals, Feed My Starving Children  
3. Work with elderly population (senior day care)  
4. Jail ministry  
5. Visit with FCN from a different denomination |
| 10. Incorporates mental, physical, emotional, social, spiritual, and environmental aspects of health into assessment, planning, implementation, and evaluation | 1. Individual/family care planning  
2. Teach about assessment forms for home and hospital visits  
   - Use available forms  
   - Update or revise forms  
3. Discuss FCN thought process  
4. Incorporate adult learning principles into group teaching  
5. Attend environmental stewardship committee |
| 11. Demonstrates leadership | 1. Project management  
  • Develop a new class or project  
  • Work with an existing project or group (“I can prevent diabetes”)  
  • Maintain statistics on programs provided  
  2. Lead a discussion at a staff meeting  
  3. Discuss what it means to be a leader in the FCN setting with student |

Linda Anderson and FCN/PHN Expert Panel February 10 & 17, 2010