**Public Health Nursing Process: Home Visit Observations and Reflections**

**Instructions:** Column A: Check activities/areas covered during visit. Column B: Add your observations. Column C: Add reflections about experience. Debrief: After student/preceptor debrief, sign and date.

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| 1. **Public Health Nursing Process: Individual/Family Level of Practice**
 | 1. **Role Modeling Observations: Describe what happened for items you checked.**
 | 1. **Reflections: Explain what you learned about public health nursing from your observations.**
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| **Comprehensive Family Assessment*** Family composition, structure and household
* Family culture and lifestyle
* Family developmental stage and lifestyle
* Basic family functions
* Health of family unit
* Family resilience
* Family health management

(Health history, healthy lifestyle and health-seeking behaviors, health care management abilities)* Environment: home and neighborhood
* Family health summary & analysis

- Health assessment summary and health status summary (Garcia, Schaffer, & Schoon, 2014, 74 – 77) |  |  |
| **Focused (Problem-Based) Individual Assessment*** Current health problems and/or health threat
* Risk factors and protective factors related to current health problem
* Access to and use of healthcare services
* Appropriateness of existing healthcare services
* Ability to manage healthcare needs and resources
* Unmet healthcare needs and resources (Garcia et al., 2014, 78)
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| **Family Nursing Diagnosis*** Diagnostic Concept (Family or Public Health Focused)
* Etiologies (Health Determinants)
* Evidence (Signs & Symptoms)
* Strength-Based (Asset-based)
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| **Planning*** Mutually Established Goal/s
* Outcomes
	+ Developed collaboratively with family
	+ Behavioral and client-specific
	+ Realistic
	+ Achievable
	+ Measurable
	+ Time Specific
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| **Implementation*** Build on family strengths
* Facilitate growth toward self-sufficiency
* Reduce or eliminate risk factors and build on protective factors
* Reflect “best practice” and evidence-based practice
* Culturally and developmentally appropriate
* Utilize existing community and health system resources
* Identify public health nursing interventions from Public Health Intervention Wheel (MDH, 2001)
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| **Evaluation*** Measurement of each specific outcome
* Carried out collaboratively by family and PHN
* Judgment statement: Outcome met, partially met, not met
* Summary of how family responded to interventions
* Explanation of why outcome only partially met of not met
* Plan to continue same interventions or change them
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Following discussion with expert, identify the key points to include in the home visit charting/report.

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_

PHN Preceptor Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_

References

Garcia, C. M., Schaffer, M. A., & Schoon, P. M. (2014). *Population-Based Public Health Clinical Manual:*

*The Henry Street Model for Nurses (2nd Ed.).* Indianapolis, IN: Sigma Theta Tau International, 59-60.

Minnesota Department of Health. (2001). *Public Health Interventions: Applications for Public Health*

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