

## Bethel's R.E.A.L. Experience Skills & Sample Artifacts

### Skill: Leadership Skills

#### Definition

An individual developing their leadership skills engages the strengths of others to achieve common goals, and uses interpersonal skills to coach and develop others. The individual is able to assess and manage his/her emotions and those of others; use empathetic skills to guide and motivate; and organize, prioritize, and delegate work.

National Association of Colleges and Employers. (2017). *Career Readiness Defined*. Retrieved from <http://www.naceweb.org/career-readiness/competencies/career-readiness-defined/>

#### Indicators

1. Ability to relate to different kinds of people
2. Emotional awareness
3. Ability to follow others; Teachable; Accountable
4. Willingness to take initiative when appropriate

#### Examples

- As a TA, I helped students make sense of difficult content, in a way that the professor wasn't able to, because of my unique relationship with a few students.
- I practiced my CPR skills in my First Aid class and obtained my CPR certification so that I'd be prepared to respond and lead in the event an emergency occurs in my vicinity.
- In my psychology class, we had to raise a virtual child from infancy to adulthood throughout the course of the semester. Through this simulation, I began to better understand what choices parents and caregivers have to make in raising a child.
- As the captain of a club sport, I not only lead by example on the field, but I had to schedule games with other teams, coordinate and plan practices, and make sure fields were reserved at appropriate times.

### Sample Artifact

Want to see an example of how a real Bethel student developed leadership? Check out this [leadership sample artifact](#), by Natalie Simons, reflecting on how her biases and perspectives have shifted due to a volunteer experience she had in connection with her class Federal Income Taxes (BUS 312). Essay published by Prepare + Prosper in an online magazine, Spark.